April 3, 2020

To our schools, communities and families:

We want to be certain that you know EMPS/211 Mobile Crisis Services are available to support schools and families during this stressful time. We are providing phone consultation and telehealth virtual sessions to children and families.

Not only do we wish to continue to provide support to schools, but the parents/caregivers who feel the need for support with parenting stress or even their child's mental health or behavioral needs. Due to the pandemic, we are also screening families for health risk. This enables us to make decisions around respond to the most high risk situations where an in-person response might be necessary.

Please let not only your teachers and staff know that we are here, but we are also looking to get the word out to the families you serve.

Please call us for support. Dial 211, 1 and 1 again to reach the crisis team.

Be safe and stay well,

Sarah Connors, LPC Clinical Program Director Emergency Mobile Psychiatric Services (EMPS) 469 Center Street • Manchester • CT • 06040 www.chrhealth.org