



Let your GRIZZLY ROAR.

We believe that playing a sport at Garrison Forest is an important part of the total experience. Our interscholastic athletic program shows you just how far down the field confidence can carry you. As a Grizzly – the mascot for all school teams – you work hard and together with your teammates.

You can find a sport you love and plenty more you want to try. We also have nationally recognized riding teams, current 14-time national championship polo team and selective dance ensembles.



COMPREHENSIVE
equestrian complex with
D. & J. Smith Equestrian
Center, Sheridan Riding
Center for Polo and barns



9 TENNIS COURTS, 2 TURF FIELDS,
2 GRASS FIELDS, 3 FULL-SIZE
BASKETBALL COURTS



1 OF 2

schools in the country
to offer Polo



Proud member
of the IAAM



UPPER SCHOOL

Badminton
Basketball
Cross Country
Dance
Field Hockey
Indoor Soccer
Indoor Track
Golf
Lacrosse
Mountain Biking
Polo
Riding: Equitation
Soccer
Squash
Tennis
Volleyball

MIDDLE SCHOOL

Basketball
Cross Country
Field Hockey
Winter Soccer
Lacrosse
Polo
Riding
Soccer
Squash
Tennis
Volleyball

LOWER SCHOOL

Clinics in Basketball,
Field Hockey and
Lacrosse

GFS fields
40 teams
in 16 interscholastic
Sports.



Team Success

Our athletic focus embraces teamwork and leadership to define success beyond the scoreboard. Team bonding is a valued part of each sport and at every team level. Coaches and captains plan fun activities to deepen the connections among teammates. The broader community participates as well, with events like Friday Night Lights, seasonal Tailgates, Parent-Daughter tournaments and more. Grizzlies value and support each other, with teams pausing to cheer on another team in a big game or serve as mentors to younger students. Varsity and Middle School athletes host combined practices, and Upper School athletes run clinics for Lower School athletes. Students involved in the Leadership Council work collaboratively on leadership skills on and off the field.



RECENT GRIZZLY CHAMPIONSHIPS

- 2019 IAAM Badminton Regular Season Champs
- 2018 IAAM Tennis Champs
- 2017 Varsity Badminton IAAM- 2x Champs
- 2017 Varsity Polo Girls' Interscholastic National Champs
- 2016 Varsity Badminton IAAM A Conference Regular Season Champs and 2015 Conference Champs, individual doubles and team
- 2016 and 2015 Varsity Basketball IAAM C Conference Champs

RECENT INDIVIDUAL ATHLETIC AWARDS

- U.S. Lacrosse Academic All-American
- Under Armour All-American
- IAAM All-Stars
- National Field Hockey Coaches Association award and Senior Game
- National Academic Squad Scholars of Distinction (field hockey)
- Maryland State High School All-State Field Hockey Team
- USA Field Hockey U16 Indoor Team
- The Baltimore Sun All-Metro Team honors for field
- U.S. Polo Association All-Stars
- Interscholastic Equestrian Association individual championships
- United States Eventing Association (USEA) North American Junior and Young Rider Championship Team bronze medal winner and team gold medal winner
- Maryland State Gymnastics Champion



Many Grizzly athletes currently play at the college level. Some examples are:

University of Maryland, Haverford College, the U.S. Naval Academy, Loyola University, Swarthmore, Dickinson, Georgetown, University of Kentucky, Coastal Carolina, Temple and Washington & Lee.

GRIZZLIES COMPETE

in the Interscholastic Athletic Association of Maryland (IAAM), one of the most competitive leagues in the country, the Interscholastic Equestrian Association and the U.S. Polo Association

Garrison Forest School.
You Can. You Will.

LEARN MORE AT [GFS.ORG/ATHLETICS](https://gfs.org/athletics)

SCHEDULE YOUR CAMPUS VISIT: [GFS.ORG/VISIT](https://gfs.org/visit)

Empowering girls to realize their full potential and live lives of purpose