

NJ Mental Health Cares - (866) 202- HELP (4357)
*Free Hotline (7 days per week 8am-8pm)

Crisis Text Line - Text HOME to 741741

<https://good-grief.org/covid-19/>

<https://good-grief.org/wordpress/wp-content/themes/x-child/pdf/Children-Funerals-and-a-Pandemic.pdf>

<https://good-grief.org/wordpress/wp-content/uploads/2020/03/Supporting-the-Bereaved-During-COVID-19.pdf>

<https://good-grief.org/wordpress/wp-content/uploads/2020/03/52-Feelings-Reflections-Journal.pdf> --