



3/31/20

450 South Street Suffield, CT 06078-2210 860-668-1986
www.suffieldcommunityaid.org

Dear Meals on Wheels Recipients:

By now you should have received a call about changes to home-delivered meals. These are **TEMPORARY** changes and are being put in place to minimize the frequency that meals are delivered to your door. In this way, we are able to limit person-to-person contact, as recommended by the Centers for Disease Control & Prevention in order to better control the spread of Covid-19.

The changes include the following:

- Friday, April 3rd is the last day that SCA will be delivering CRT (Community Renewal Team) meals to your door, for at least two weeks.
- CRT has provided every meal recipient with 3 boxes of shelf-stable food that we will be delivering this week. They have advised us that each box should last for 7 days. The contents appear to be mostly snack food and not “meals”.
- Suffield Community Aid has ordered a number of frozen meals from October Kitchen. Although we were not able to order enough for every person to have a two week supply, every person on the meal route will receive some of these meals. The meals were created to meet the dietary restrictions for diabetics, renal diets, low salt, heart healthy, etc. These meals will be delivered this week. They should be stored in your freezer and defrosted one day ahead of consumption in your refrigerator. The meals can be reheated in your microwave or oven.
- Suffield Community Aid Staff is STILL working in the office and will be calling you weekly to gauge how you are doing. If you are in need of more food, we will make sure you have it. We can re-order from October Kitchen and even schedule a delivery to your doorstep. Highland Park Market is also an option. They too, will deliver to your door.

These are confusing and challenging times. We look forward to the day that we will resume to “business as usual.” In the meantime, know that we are here and willing to help.

Sincerely,

Janet Frechette
Executive Director