

# TOWN OF SUFFIELD

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April 2, 2020

Good Afternoon First Responders,

I want to thank each of you for the extra efforts you are taking to keep our community safe during this challenging time. I am proud at Suffield's level of professionalism and preparedness over the course of the last several weeks in the face of this crisis and want to recognize and thank each one of you for your contribution.

I also want to acknowledge the tremendous amount of stress being on the front lines of this pandemic can mean for you and your families. I am acutely aware of this as I published Suffield's first mortality due to COVID-19 earlier today.

In addition to the other resources that Human Resources has provided to you, please see below offered to support our first responders from Suffield resident, Kristina Hallett, Ph.D. With the permission of Dr. Hallett, please feel free to share with anyone I may have missed on this distribution list who would benefit from this message.

<https://well-beingacademy.thinkific.com/users/checkout/auth>

If the Town can do anything to support you during this difficult time, please let me know. Again, thank you for all you do.

Stay safe and well,

A handwritten signature in black ink that reads "Melissa M. Mack". The signature is written in a cursive, flowing style.

Melissa M. Mack  
First Selectman