

# Character Strong

## **Respect and Perseverance**

- Check out this video- [My Whole World' Turned Upside Down](#)
- Debrief-
  - How do you think it felt when Stلالuna realized that she was hanging upside down? Why does it seem like her whole world has turned upside down? Do you think it's important to respect the ways of others even if they're different from yours? Why?
  - Despite many differences, Stلالuna came to really care about her bird family. What can we learn from her about acceptance and Respect?
  - Do you have friends that are different from you in some way? Have your differences ever caused problems? How did you resolve those problems?
- Check out this video- [Funny Llama Drama](#)
- Debrief-
  - What is the llama's goal? What gets in the way?
  - Have you ever felt like the Llama? In what way?
  - How does the Llama work through this situation even though there are obstacles in the way? Did the Llama have other options?

**Family Character Workouts**- Tools to connect and build character while at home.

Family  
PurposeFull Pursuits

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### Take a Hike

Search for hiking or walking trails in your area and pick one you haven't tried before.

Even if it's just walking around the block, get some family fresh air and keep technology or distractions at home. See if your kids want to come up with the topic or theme of the conversation while you walk.

Purpose Full People

### **Take a Hike**

Search for hiking or walking trails in your area and pick one you haven't tried before. Even if it's just walking around the block, get some family fresh air and keep technology or distractions at home. See if your kids want to come up with the topic or theme of the conversation while you walk.



## Walking Trash Pick Up

Go for a walk in your neighborhood or at a local park and pick up any trash you see along the way. Come prepared! Bring some gloves and your own trash bag so you can be clean while you clean. Try making it a competition between all family members who can pick up the most trash or pick up trash the fastest.

*\*Please note: Character Strong has graciously provided these materials to all schools at no charge for use during this time. Character Strong has given permission to the Spring Branch Independent School District to share these resources with SBISD families. For more information about Character Strong, go to <https://characterstrong.com/>.*