Offering Complimentary Phone Assessments! (509) 619-0519





Recovery and Wellness Center of Eastern Washington www.recoveryandwellness.org

VIRTUAL TEEN PROGRAM!

Mental Health Support During These Uncertain Times

Depression & Anxiety Treatment Program

For teens age 13-18 experiencing:

Depression and/or Anxiety
Lack of Motivation
Difficulty Regulating Emotions

This Virtual Intensive Outpatient Treatment Program is designed to help teens increase their awareness of the emotion, thought and behavior patterns that contribute to success!