

LPISD Physical Education 7th-8th grade

April 6th – April 9th

Friday is a Holiday

Physical Education

Teacher/Team:

Coach Bartels PE Classes

If there are any questions, please feel free to email me at:

Bartelsc@lpisd.org

Link to [TEAMS Folder](#)

[2nd Period](#) PE

[3rd Period](#) PE

[4th Period](#) PE

[5th Period](#) PE

Objectives

Objective / I CAN:

I can maintain a healthy active lifestyle while successfully completing my distance learning by completing a daily Darebee workout.

Activities

Student Activities:

Go to [Teams Folder](#). Look for the daily assignment:

1. Go to the assignments in teams to access the two daily workouts for each week. The link will take you to that days workout. Once you have completed the workout for the day click "turn in" on the assignment tab in Teams.

Darebee Workouts: (control click each day)

[Workout Day 4](#)

[Workout Day 5](#)

Academic/Instructional Support

Teacher Support:

TEAMS and bartelsc@lpisd.org

Schedule:

Students should access the daily workout on Wednesdays and Fridays of each week.

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Office Hours

Office Hours: Tuesday 9-11am and Thursday 1-3pm

To Be Graded

Assignment for students to submit to TEAMS Folder:

1. Completion of workouts Day 4 and Day 5. Make sure to click “turn in” button to submit your assignment.
2. You will be assessed on the completion of each workout.

Two Grades will be taken each week.

1. Completion of assigned workouts per week. (1 workout =50 pts. 2 workouts = 100 pts)

What assignments will the student submit?

1. Make sure to “Turn in” each workout on TEAMS as you complete it.

How will it be submitted?

1. Submit it through teams.