

PARENT/GUARDIAN RESOURCES

SMA School Counseling Department

FOOD, EMPLOYMENT/CAREERS

Food Distribution Schedules: <https://www.allfaithsfoodbank.org/foodfinder/>

Find companies who are hiring now: <https://careersourcesuncoast.com/companies/>

How to apply for unemployment: <https://www.dol.gov/general/topic/unemployment-insurance>

[Restaurant Workers COVID19 Crisis Relief Fund](#)

[Coronavirus Aid, Relief, and Economic Security Act or the CARES Act Introduced in Senate](#)

PARENTING TEENS: PANDEMIC PARENTING:

https://yourteenmag.com/coronavirus/pandemic-parenting-teens?mc_cid=d7ad897f3f&mc_eid=c05a117caa

https://yourteenmag.com/coronavirus/positive-lessons-from-quarantine?mc_cid=d7ad897f3f&mc_eid=c05a117caa

<https://yourteenmag.com/teenager-school/teens-high-school>

https://yourteenmag.com/coronavirus/things-to-do-social-distancing?mc_cid=d7ad897f3f&mc_eid=c05a117caa

https://yourteenmag.com/coronavirus/virtual-field-trip?mc_cid=d7ad897f3f&mc_eid=c05a117caa

https://yourteenmag.com/coronavirus/life-skills-university?mc_cid=d7ad897f3f&mc_eid=c05a117caa

Department of Education Resources for Families:

<http://www.fldoe.org/em-response/resources-families.stml>

MENTAL HEALTH RESOURCES:

- **Safe Children Coalition - SCC Youth Prevention Services-** continues to provide students and families FREE COUNSELING via telephone. Please email your counselor for a referral or you may contact them directly.
Clinical Supervisor: jwarwick@sccfl.org
Tamara Cush: tcush@sccfl.org
- **Jewish Family & Children Services Mobile Response Team:** (crisis and support) is up and running and have transitioned to telehealth to provide support and triage to clients. Referral line is: (941) 374-3213

NAMI (National Association on Mental Illness): online adult support groups (see attachment)**

- **FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.**
FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act. The application was named by students from Marjory Stoneman Douglas High School. You may download it at: <https://getfortifyfl.com/>

Learn more about types of bullying and how it impacts of children, friends, co-workers: <https://www.verywellfamily.com/types-of-bullying-parents-should-know-about-4153882?print>

- **National Suicide Prevention Lifeline: 800-273-TALK (8255)**
- **Crisis Text Line: Text NAMI to 741741**
- **Mental Health Assistance Hotline 1-800-539-4228**
- **Suicide Prevention Hotline 1-800-784-2433**
- **Florida Abuse Hotline 1-800-962-2873**
- **United Way Services - Dial 211**