

# FUTURES PLUS NEWS!

March 2020



## Be My Valentine!

This Valentines' Day the students of FUTURES Plus celebrated in style. They went to a Valentines' Day dance hosted by EKPTO (Exceptional Kids, Parents, and Teachers Organization). It was a wonderful night filled with all their favorite music, all their favorite foods, lots of dancing, and a plethora of opportunities to practice social, turn-taking, independence, and communication skills. To top it all off, each student was asked to showcase their dancing skills on stage! It was a special night and a fun experience for the FUTURES Plus crew.



## CODING CLASS AT FUTURES PLUS

There is a student in our class that maintains a special interest in computers. To encourage him to further develop his skillset, he was gifted a "Coding for Kids" workbook and every week has been honing his skills and learning just how much goes into making computers (and computer games) functional. He is having a blast and learning some skills he can later generalize in a real-life job setting.



# FUTURES PLUS ADULT TRANSITION



## Please Join Us For The FUTURES PLUS Open House

Location: SLC

Date: May 5th, 2020

Time: 4:00-6:00

Parent Trainings 4:00-5:00

Psychologist: Positive Behavioral Supports

Occupational Therapist : Zones of Regulation

Explore Classroom: 5:00-6:00

## FUTURES PLUS GOALS

Goals of the FUTURES Plus Adult Program:

Understanding the local community and community resources through ecological analysis and community-based assessment, instruction and integration;

Continually determining student preference and interests and parental needs through person-centered planning;

Formally collaborating with persons and agencies outside the school systems who may support the student;

Teaching academic, social, and vocational skills that lead to competitive or supported employment; and

Balancing vocational training with inclusion in age-appropriate social and academic programs.

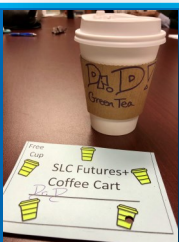
## LEARNING IMPORTANT LIFE SKILLS!

A really valuable activity we did in my class during our hygiene series was about what we can do to stay healthy during flu season. While some of it is dependent upon our diet, exercise, and sleep, some of it depends upon how well we keep our hands clean. The #1 way to avoid sickness is regular hand washing and we used Glogerm and a black light to help us see the common places that get missed (even if we use a lot of soap and water)! It was a great lesson and it was fun, engaging, and VISUAL way to teach about how important it is to wash our hands thoroughly.



### Remember!

Get your FUTURES PLUS Coffee Cart Punch Card for return customers and extra savings!



## FUTURES PLUS

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## LET'S MAKE SALAD FROM OUR GARDEN!

SLC has been growing a garden on campus and we were recently able to take advantage of some of the wonderful produce that was growing out there. The students harvested a head of lettuce and some cherry tomatoes and we used these as the base of our chicken salad. The students washed, cut, and mixed the ingredients of the salad. Often, students hesitate when asked to eat healthier options (such as this salad) but in this instance, our students not only tried it, but came back for seconds! It is a wonderful advantage to have organic produce right outside our door!

