



REMOTE LEARNING STUDENT SUCCESS



STAY ORGANIZED



ADAPT NEW STRATEGIES



AVOID MULTITASKING



WORK COLLABORATIVELY



MAXIMIZE VIDEO LECTURES



STAY CONNECTED





STAY ORGANIZED

- All course content and assignments will be available within Canvas
- Check your Vanguard email frequently
- Use Office 365 for email and Microsoft products
- Set a schedule or goal/task list for the day
- Find a desk/table and comfortable chair for your workspace



ADAPT NEW STRATEGIES

- Adapt your usual habits or form new ones
- Do a virtual study session with someone or a group
- Recreate a study environment that works best for you



AVOID MULTITASKING

- Focus on one thing at a time
- Take breaks between tasks
- Use the Pomodoro Method
(Focus 25-50 minutes then take a 5-10 minute break)



WORK COLLABORATIVELY

- Avoid procrastination
- Plan to meet virtually regularly
- Set the purpose of the meeting in advance
- Keep videos open when you can
- Check on each other and ask for back up



MAXIMIZE VIDEO LECTURES

- Stick to your instructor's schedule
- Find out how to ask questions
- Close distracting tabs and apps
- Take notes when you watch videos or participate in live sessions
- Watch recordings at normal speed



STAY CONNECTED

- Schedule video calls with friends and family
- Use virtual tools like Zoom and FaceTime to stay connected
- Attend any virtual meetings your professors offer each week