

# 1ST GRADE SUGGESTED DAILY SCHEDULE

## 20 minutes - Journal Writing Time

Ideas: write about your family, friends, school, pets, a favorite sport or activity, or a fantasy story. Then draw a picture to go with it.

## 30 minutes - Language Arts Block

Ideas: iReady, read to yourself or someone, reading worksheets from your packet (if you have one), or these free websites -

[www.brainpopjr.com](http://www.brainpopjr.com) , [www.starfall.com](http://www.starfall.com) , [www.storylineonline.net](http://www.storylineonline.net) ,

[www.scholastic.com/learnathome](http://www.scholastic.com/learnathome),

<https://www.spellingcity.com/users/amyraczkowski> ,etc.

## 30-45 minutes - Snack and Wiggle Break

Ideas: go outside and play, ride a bike, take a walk,

[www.gonoodle.com](http://www.gonoodle.com) , Kidz Bop on YouTube, Cosmic Kids Yoga on

YouTube

## 30 Minute - Math block

Ideas: iReady math, worksheets from your packet (if you have one), or

these free websites- [www.brainpopjr.com](http://www.brainpopjr.com)., [www.starfall.com](http://www.starfall.com) ,

[www.khanacademy.com](http://www.khanacademy.com) , [www.prodigygame.com](http://www.prodigygame.com)

## 1 hour - Lunch and "Recess"

## 30 minutes - Science/Social Studies

Ideas: [www.brainpopjr.com](http://www.brainpopjr.com) , [www.kids.nationalgeographic.com](http://www.kids.nationalgeographic.com)

[www.scholastic.com/learnathome](http://www.scholastic.com/learnathome), Mr. DeMaio on YouTube, Mystery

Doug on YouTube

## 20 minutes - Read (to yourself or to someone)

\*For those of you with access to iReady, the expectation will be for your child to complete 50 minutes of reading and 50 minutes of math each week.