

Holmbush Primary School Sex and Relationships Education

Year 1 – Differences

Aims;

- To introduce the children to lifestyles
- To explore the differences between male and female
- To enable children to reflect on other differences between male and female rather as well as physical differences

Key vocabulary;

Baby, boy, different, female, girl, kitten, male, man, penis, sex parts, vagina, woman

Year 2- How did I get here?

Aims;

- To explain that a baby develops inside a woman's womb and that both male and female sex parts are needed to make a baby
- To enable children to reflect on their development from babies
- To inform children about conception and the growth of a baby in the womb

Key vocabulary;

Breast, fertilisation, foetus, hospital, ovaries, penis, pregnant, testicles, vagina, womb

Year 3 - Growing up

Aims;

- To show that we grow and change as do all living things
- To show that some changes are social, that we become more independent and are able to think about others as well as ourselves
- To look at identity and self esteem and reinforce the belief that we are all special

Year 3 - Changes

Aims;

- To introduce the children to the physical and emotional changes that occur during puberty

- To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control

Key vocabulary;

Clitoris, egg, ovaries, penis, period, puberty, menstruation, scrotum, sexual relationship, sperm, testicles, vagina

Year 4 - How babies are made

Aims;

- To explain how babies are made
- To explore the idea of relationships including friendships, parent-child and family relationships and adult sexual relationships

Key vocabulary;

Caring, conception, egg, fertilisation, friend, honesty, love, making love, sexual relationship, sperm, trust, womb

Year 4 - How babies are born

Aims;

- To explain how a baby develops in the womb during pregnancy and how babies are born
- To consider the need of babies before and after birth
- To enable children to reflect on roles and relationships in a family

Key vocabulary;

Fertilisation, foetus, labour, oxygen, pregnancy, pregnant, ultrasound, umbilical cord, womb

Year 5 – Girl talk

Aims;

- To consider the physical and emotional changes that take place as girls go through puberty
- To address the concerns and worries of young women
- To make boys more aware of the changes that occur as girls become young women

Key vocabulary;

Crush, hormone, menstruation, period, puberty, sexual attraction

Year 5 – Boy talk

Aims;

- To consider the physical and emotional changes that take place as boys go through puberty
- To address the concerns and worries of young men
- To make girls more aware of the changes that occur as boys become young men

Key vocabulary;

Girlfriend, masturbation, puberty, relationship, shaving, spots, wet dream

Year 6 – Let's talk about sex

Aims;

- To consider how sex is presented in the media
- To consider sexual stereotyping
- To reassure pupils that their changing emotions are a normal aspect of puberty

Key vocabulary;

Condom, gay, gender, lesbian, media, relationship, stereotype