



College Park Elementary Specials Outreach Learning

March 30 - April 3, 2020

Principal's Message: [Message from Mrs. Whitlock https://youtu.be/SEDQ_AMYIAI](https://youtu.be/SEDQ_AMYIAI) [Message from Mrs. Greenwood https://youtu.be/NddCshNkRos](https://youtu.be/NddCshNkRos)

****Hi there everyone!** There are a few people we would like to **highlight** this upcoming week:

Coach Jackson is our 2020-2021 teacher of the year!! She does so much for our students, and we are thrilled that she will represent College Park!

****Thank you to our cafeteria staff** for working so hard to prepare and pass out tasty breakfasts and lunches each and every day to SO MANY of our LPISD students. Their work shows an incredible commitment to our students.

Mr. Rutherford wants to share his really cool newsletter with all of you:

<https://www.smores.com/hkxw6>

**Hello boys and girls! Coach Jackson and Mrs. Samm miss you!
We will be posting assignments and activities to keep you moving and grooving!**

Please make sure you have signed up for remind. Send a text to 81010 with the message being one of the options below:
Pre-K: pkpe-cpe ; Kindergarten: kpe-cpe ; 1st: 1stpe-cpe ; 2nd: 2ndpe-cpe ; 3rd: 3rdpe-cpe ; 4th: 4thpe-cpe ; 5th: 5thpe-cpe
You will receive a link and follow it to complete setup.

(K-5) To access Flipgrid go to Flipgrid.com and select "Enter a Flip Code":

Kindergarten: jacksonpek ; 1st: jacksonpe1 ; 2nd: jacksonpe2 ; 3rd: jacksonpe3 ; 4th: jacksonpe4 ; 5th: jacksonpe5

You will be prompted to input student ID which will be your students ID/Lunch Number.

If you are having trouble accessing activities or videos I have assigned please let me know so I can make changes.

If your child receives Special Education, Section 504, or Dyslexia services, services will be addressed weekly by your child's teacher via email.

If there are any questions, please feel free to email your child's teacher at:

Coach Jackson: JacksonL@lpisd.org

Mrs. Samm: SammR@lpisd.org

Grades Assignments for the week of March 30 – April 3, 2020 are due on Monday, April 6, 2020 by 8:00 a.m.

Music

Mrs. Samm is available 9:00-11:00 am and 1:00-3:00 pm. If you have any questions or need anything please email me at sammr@lpisd.org.

PK and Kinder

Objective(s): I will sing and move with the steady beat. I will create movements to show high sounds and low sounds. I will demonstrate high and low with my singing voice and talking voice.

Weekly Activities: **Quaver Music!**

Log on to www.quavermusic.com Username and password: LaPorte2020

1. Fun Song! When you get to Student Dashboard, click on Assignments, then click on "High and Low and Being Polite." Click Launch. Click on "Bounce High." Can you create your own moves that demonstrate high and low? Sing only in your high voice, then only in your low voice.
2. Click on "next" to get to "Please and Thank You." Click on the instructions tab on the bottom left of the screen to complete the activity. Click on "next" to get to the story. Listen to the story then click on the comprehension questions.
3. Click "next" and listen to and sing along with "High, Low, Wherever You Go." Have fun!

Assessment(s): Adult observation of lesson participation

Physical Education

Office Hours: 8:00am-12:00pm

Objective(s) PK-5th: Select physical activities that provide opportunities for enjoyment and challenge. Participate in moderate to vigorous physical activities on a daily basis that cause increased heart rate, breathing rate, and perspiration.

Weekly Activities PK-5th:

1. Complete the attached Darbee Circuit Workout.

PK-K: 1 set

1st-2nd: 2 sets

3rd-5th: 3 sets

<https://www.darebee.com/workouts/beginner-circuit-workout.html>

2. Watch the Brain Pop video about Coronavirus

<https://www.youtube.com/watch?v=GoXxmzKdick>

Optional- If your child has questions, they can submit them to Flipgrid (Week 2) and I will do my best to answer.

3. Participate in 1 dance video from the YouTube playlist. I've picked some that I think parents will enjoy and like to participate in.

https://www.youtube.com/playlist?list=PLtiinhssCgjo73T29kbWzCYB_AFbZE90W

Assessment(s) PK-5th: Record participation on exercise log.

***Feel free to continue doing the exercise videos from week 1 in addition to the activities assigned for this week. ***

Music

Grade 1

Objective(s): I will sing and move with the steady beat. I will practice naming ta (quarter note), ti-ti (2 eighth notes) and Z (quarter rest). I will create my own rhythm composition using known rhythms.

Weekly Activities: **Quaver Music!**

Log on to www.quavermusic.com Username and password: LaPorte2020

- 1. Fun Song! When you get to Student Dashboard, click on Assignments, then Sing-a-long Songs. Click Launch. Click on the "Favorite Quaver Songs" at the bottom of the page. Scroll down to find "I'm A Super Hero." Can you remember all the moves? Click "back" to get back to "assignments," then "back" to get to the dashboard.**
- 2. From the dashboard click on "Student Interactives," then click on "Music Creation," then click on "Dough beats." Using 1 dough blob for ta (quarter note) and 2 dough blobs for ti-ti (eighth notes) and blank for Z (quarter rest) write and say these rhythms: ta ta ti-ti ta; ti-ti ta ti-ti ta; ti-ti ti-ti ti-ti ta; and ta Z ti-ti ta. Create your own! What other items around your house can you use to create rhythm patterns?**

Assessment(s): Adult observation of lesson participation

Physical Education

Optional: 4th & 5th had been taking part in mindfulness training twice a week during specials where they were led by Niroga Institute staff. We hope that students will take some time to practice their mindfulness techniques. Here is a link to their YouTube channel playlist for short mindful movement sequences that they can practice while at home.
<https://www.youtube.com/playlist?list=PLRVhP11Jjck2tdz24LtXOad3B-1JQknmj>

Music

Grades 2-5

Objective(s): I will identify instruments in the string family visually and aurally. I will create a story using string clips of different styles of music.

Weekly Activities: **Quaver Music!**

Log on to www.quavermusic.com Username and password: LaPorte2020

On the student dashboard click on "Student Interactives."

1. Click on "instruments and knowledge," then scroll down to find "orchestral strings basic." Click on the instructions tab in the lower left corner. Write your answers for the last two questions, and if you can, please email me your answers. My email is sammr@lpisd.org.
2. Scroll back up to "Epic Soundtrack." Click on the instructions tab in the lower left of the screen. Have fun creating your story and drama!

Assessment(s): Adult observation of lesson participation

Extra optional fun and enrichment:

On the student dashboard click "Assignments" then "Games and Activities All Grades"

K&1 – Same and Different Patterns (12)

2&3- Note Grab and Note and Rest Grab (5,6)

4&5- Instrument Crane, Staff Champion (10, 2,3,4)

4&5 Recorder! If you have your recorder and would like to keep working on it this is a great place to go. Click on "Assignments" then "Recorder Notes A and B." Follow the instructions on the screens and have fun! There is even a video to review how to hold and play. Remember left over right! :)

Physical Education