



## **RESOURCE GUIDE**

\*Due to Covid-19, call first to verify if supplies are available and if hours of operation remain the same.

### **FOOD PANTRIES FOR FAMILIES**

#### **Church Without Walls**

Phone Number: 281-649-6800

Days Open: Saturday

Time: 10am-12pm

Location: 5314 Bingle Road

#### **Pathways Church of Houston**

Phone Number: 713-957-3383

Days Open: Monday, Tuesday, and Friday

Time: 10am-12pm

Location: 5900 Pinemont Drive, 77092

#### **House of Hope of Greater Mt. Zion**

Phone Number: 713-862-5117

Days Open: Tuesdays, and the 4<sup>th</sup> Saturday of the month

Time: 10am-2pm

Location: 8787 N. Houston Rosslyn, 77088

#### **Bridging for Tomorrow**

Phone Number: 832-286-1657

Days Open: Tuesdays and Thursdays



Time: 9am-2pm

Location: 5351 W. Richey Road, 77066

### **PRE-BAGGED FOOD AND TOILETRIES**

#### **Ministry Near Northwest Alliance**

Phone Number: 713-682-7556

Days Open: Monday, Tuesday, and Wednesday

Time: 9am-12pm

Location: 5706 W. Little York, 77091

#### **Heights Interfaith Ministries**

Phone Number: 713- 861-6155

Days Open: Thursdays and Saturdays

Time: Thursday- 5pm to 7pm, Saturday-10am-12pm

Location: 3523 Beauchamp, 77009

### **MENTAL HEALTH FOR STUDENTS**

#### **Legacy Community Health**

Will continue to offer all their Services. Mental Health and School Based Mental Health will be offered via TeleMed. Please contact your Legacy Community contact for more details.

#### **Admore Care**

Will continue to offer all their Services via TeleMed. Please contact Admore Care contact for more details.

#### **Harris Center**

The Harris Center offers a 24/7 crisis hotline at 713-970-7000 option 1.

#### **Journey Through Life LLC**



**Eisenhower**

Will continue to offer all their Services via TeleMed. Please contact Admore Care contact for more details.

### **FINANCIAL HELP**

**Please note: This is a comprehensive list of organizations that offer rental assistance. Funding is not always available. You will need to check with each organization on if assistance is available.**

#### **Public Works**

Mayor Turner has announced that water will not be cut off for non-payment until April 30, please call to set up a payment plan if needed. [Link](#)

#### **Cypress Area Assistance Ministries**

CAAM helps those in zip codes 77065, 77095, 77429 and 77433 with Financial Assistance, Food, Special Delivery. Operation Jobs/GED and ESL Classes are not bound by zip code. Volunteers always needed! [Link](#)

### **RENTAL ASSISTANCE**

**Please note: This is a comprehensive list of organizations that offer rental assistance. Funding is not always available. You will need to check with each organization on if assistance is available.**

#### **Alliance of Community Assistance Ministries**

713-640-5192 or visit <https://acamweb.org/contact-us/>

#### **The Archdiocese of Galveston-Houston**

719-659-5461 or visit <https://www.archgh.org/resources/need-help/>

#### **Catholic Charities**

713-874-6776 or visit <https://catholiccharities.org/>

#### **Chinese Community Center**

713-271-6100 or visit <https://ccchouston.org/>

#### **Coalition for the Homeless**

713-739-7514 or visit <https://www.homelesshouston.org/>

#### **Disaster Housing Assistance Program**

866-497-6036 or visit <https://www.galaxy.construction/>

#### **East Fort Bend Human Needs Ministry**



281-261-1006 or visit <https://www.humanneeds.org/>

**Epiphany Community Health Outreach Services**

713-270-0369 or visit <http://echos-houston.org/>

**Emergency Aid Coalition**

713-522-5903 or visit <https://eachouston.org/>

**Humble Area Assistance Ministries**

281-446-3663 or visit <https://haaministries.org/>

**Interfaith Caring Ministries**

281-332-3881 or visit <http://www.icmtx.org/>

**Jewish Federation of Greater Houston**

713-667-9336 or visit <https://www.houstonjewish.org/>

**Katy Christian Ministries**

281-3915261 or visit <https://kctcm.org/>

**Memorial Area Assistance Ministries**

713-468-4516 or visit <https://www.mamhouston.org/>

**My Brother's Keeper**

281-498-9933 or visit <http://www.mybkoutreach.org/>

**Red Cross**

713-526-8300 or visit <https://www.houstonredcross.org/>

**St. Vincent's House**

409-763-8521 or visit <https://www.stvhope.org/>

**Wesley Community Center**

713-223-8131 or visit <https://wesleyhousehouston.org/>

**Texas Health and Human Service Commission**

2-1-1 or visit <https://hhs.texas.gov/>

**United Way**

Dial 2-1-1 or visit <https://www.unitedwayhouston.org/>

**US Department of Housing and Urban Development (HUD)**

713-718-3199 or visit <https://www.hud.gov/>



## **West Houston Assistance Ministries**

713-977-9942 or visit <https://www.whamministries.org/>

## **PET ASSISTANCE**

### **Houston Humane Society**

The Houston Humane Society Pet Pantry program was created to support Houston residents in caring for their pets by providing free pet food and supplies to those well-meaning pet owners needing assistance. <https://www.houstonhumane.org/about-us/pet-pantry>

### **Friends for Life**

Friends for Life in the Heights has a community pet food bank for individuals who need help feeding their pets. Individuals only need a valid ID. Right now, it is by appointment Meals on wheels also has their animals' program for seniors. The Friends for Life website also has a list of low-cost vet clinics. <https://friends4life.org/get-help/food-and-supply-bank/>

## **Internet/Wifi**

### **Free Internet with Spectrum**

Beginning March 16 and free for 60 days for households with K-12 or College students. They also plan to open their Wi-fi hotspots for public use. To enroll in service call 1-844-488-8395. Installation fees will be waived.

### **Free Internet with Comcast**

Effective Monday, March 16, 2020, new Internet Essentials customers will receive two free months of Internet service. We are also increasing the speed of the program to 25 Mbps downloads, and 3 Mbps uploads for all new and existing customers. To sign up <https://www.internetessentials.com/covid19>

### **Free Video Conferencing through Zoom**

Zoom the video conferencing app is lifting the free account 40 minute limit of video calls in select countries as well as offering free online weekly webinars on how to use the app for distance learning. To sign up click <https://zoom.us/freesignup/>

### **Houston Public Library Online**

The Houston Public Library offers free online books and audiobooks for anyone with a library card. You can access all services offered <https://houstonlibrary.org/find-it/e-books-more>



### **Fort Bend Public Library Online**

The Fort Bend Public Library offers free online books and audiobooks for anyone with a library card. You can access all services offered <https://www.fortbend.lib.tx.us/books-elibrary-more/elibrary>

### **COMPUDOPT**

Compudopt's mission is to provide technology to students who need it most. They are offering rentable computers to families without a device free of charge. For more information click <https://www.compudopt.org/covid>

### **UNDOCUMENTED FAMILIES**

#### **Betancourt Macias Family Scholarship Foundation**

Provides emergency fund and support for undocumented students and families:  
<https://www.undocuscholars.com/>

#### **Information for Health Care:**

<https://unitedwedream.org/2020/03/healthcare-access-for-undocumented-folks-in-the-time-of-covid19/>