

7th + 8th Grade Schedule

#AspenOnline

ACTIVITY

SCREEN



Morning	Rise and Shine! Normal morning routine: Breakfast, brush your teeth, and get dressed.	OFF
8:45-9:00	Morning Mindfulness	ON
9:00-10:20	Communications & Literacy Block Lessons, 1:1 Support, Small Group Support	ON
10:30-11:00	Essentials Block 1	ON
11:00-12:30	Science or Social Studies Block Lessons, 1:1 Support, Small Group Support	ON
12:30-1:00	Lunch	OFF
1:00-2:00	Math Block: Gray- Pre-Algebra/Mullen- Algebra Lessons, 1:1 Support, Small Group Support	ON
2:00-3:00	Math Block: Gray- Pre-Algebra/Mullen- Geometry Lessons, 1:1 Support, Small Group Support	ON
3:00-3:30	Essentials Block 2	ON
3:30-4:00	Office Hours	ON

Evening

Play and Family Time
Chores
Dinner
Bed Time

OFF

