

5th + 6th Grade Schedule

#AspenOnline

ACTIVITY

SCREEN



Morning	Rise and Shine! Normal morning routine: Breakfast, brush your teeth, and get dressed.	OFF
8:45-9:00 AM	Morning Mindfulness	ON
9:00-10:30 AM	Communications & Literacy Block Lessons, 1:1 Support, Small Group Support	ON
10:30-11:00 AM	Essentials Block 1	ON
11:00-12:30 PM	Science or Social Studies Block Lessons, 1:1 Support, Small Group Support	ON
12:30-1:00 PM	Lunch	OFF
1:00-2:30 PM	Math Block Lessons, 1:1 Support, Small Group Support	ON
2:30-3:00 PM	Office Hours	ON
3:00-3:30 PM	Essentials Block 2	ON
3:30-4:00 PM	Office Hours	ON
Evening	Play and Family Time Chores Dinner Bed Time	OFF

