



St. John's Early Childhood Center

Sample Flexible Daily Schedule

Early Preschool, Preschool, Pre-K

8:00-8:30	Welcome... Circle Time
8:30-10:30	Explorations – Developmental Curriculum * – Enrichments** Sensory Activities – Snack
10:30-11:30	Outdoor Explorations – Gross Motor Development Outdoor Education
11:30-12:00	Lunch
12:00	Half-Day Dismissal
12:00-12:15	Rest Prep
12:15-1:30	Rest Time/Nap Time
1:30-2:00	Quiet Indoor Activity Time for Non-Nappers
2:00-2:30	Outdoor Explorations – Gross Motor Development Outdoor Education
2:30-2:45	Dismissal Routines

* Developmental curriculum provides time for Art, Science, Math, Literacy, Writing, Dramatic Play, and Special Themed Activities.

** Enrichment classes scheduled weekly at various times depending on age:
Chapel, Fitness Fun, Music Together, & Library