

Create a Mandala

A mandala drawing is a geometric pattern that represents the universe. For many eastern religions, the mandala is a sacred art form. Most consist of a square format, with concentric circles and a circle as the center point. Now you can draw your own beautiful mandala with this easy technique that ensures symmetrical results every time!

What You Need:

Square sheet of paper (step 1 – cut down 8 ½ x 11 to be square)

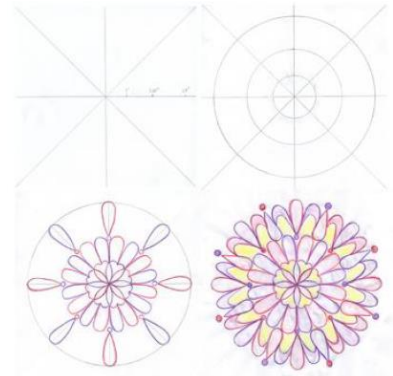
Scissors

Ruler (optional)

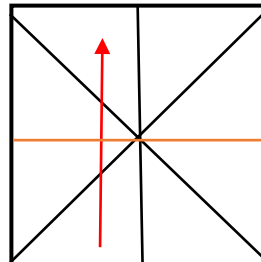
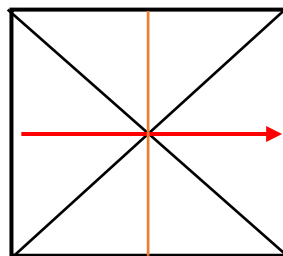
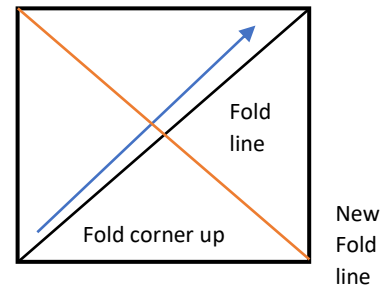
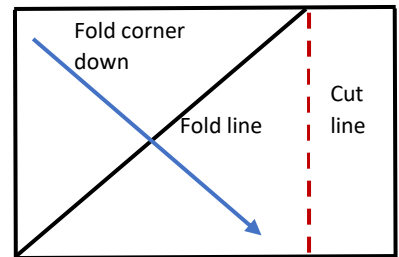
Pencil

3 different sized circles

Colored Pencils, markers, or crayons



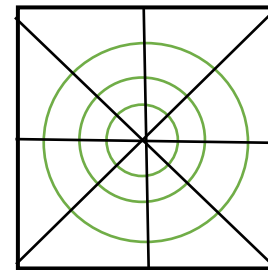
1. Cut 8 ½ x 11 to be square. Fold corner down to side long side of paper. The dashed line shows where to cut. Now you have a square when opened.
2. Take the other corner and fold to opposite corner to create a fold across the one you already made. Open square.
3. Now fold the left side to the right side and crease. Open square.
4. Fold the bottom side up to the top side of the square. Open square.
5. You will end of with 4 folds that intersect in the center of the square.



New
Fold
line

New
Fold
line

New
Fold
line



6. Now you will need 3 circles of different sizes to trace very lightly. See example. You will want to be able to erase the circles when finished. Use items from around the house to trace - with item centered over folds.
7. Now, starting from the center and using a pencil draw pedal or tear drop shapes following the lines and stopping at the first circle. Make each shape the same size.
8. Once he has completed one circle, go to the next one, adding more flower, pedal shapes or any shape you choose. Continue working from the center out, adding decorative shapes.
9. When all the circles are filled in with your design, erase any unnecessary lines or circle sections. Use the folds to keep the shapes inline as they move out away from the center of the Mandala.
10. Color as desired.
11. Enjoy!

