

## Health and Physical Education Online Learning Modules

| Grade | Health Education  | Grade | Physical Education  |
|-------|---|-------|---|
|       | <a href="#">SmokeScreen</a>   | K-12  | <a href="#">DAREBEE</a>   |
| 6-12  | <a href="#">Clearing the Vapor</a>  | K-12  | <a href="#">American Heart/Stroke Association</a>                 |
| 6-12  | <a href="https://kidshealth.org/">https://kidshealth.org/</a>   | K-12  | <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> |
| K-12  | <a href="https://www.commonsemmedia.org/">https://www.commonsemmedia.org/</a>   | K-12  | <a href="#">NFLplay60 discovery education</a>                     |
| K-12  | <a href="https://www.cdc.gov/healthyschools/bam/teachers.htm">https://www.cdc.gov/healthyschools/bam/teachers.htm</a> | K-12  | <a href="#">JrNBAHeadspacemindfulness</a>                         |
| K-12  | <a href="https://www.cdc.gov/ncbddd/kids/index.html">https://www.cdc.gov/ncbddd/kids/index.html</a>                   |       |   |
| K-8   | <a href="#">SHAPE America Health.moves.minds</a>  |       |   |
| K-12  | <a href="#">EverFI Wellness Matters</a>   |       |   |
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