Tips for parents and students for successful distance learning-

- 1. <u>Communication:</u> Please check your email daily. Email is the main method teachers, administrators and school counselors will be communicating with you and your students. You may have questions or need additional support and should reach out to school staff, teachers, counselors, and/or administration. We are all in this together and will work together to be successful!
- 2. <u>Creating and maintaining a study space:</u> Distance learning offers an opportunity for you to help your student develop or continue using great executive functioning skills. Get input from your student to establish a learning space at home. Give your student the opportunity to organize their learning space in a way that makes sense to them and where they know the location of each resource. Allowing them to have a space for their pencils, notebooks, markers, and other materials will help them develop organizational skills that can be reinforced throughout the year. While every house has a unique set-up, it's important to try and remove as many distractions as possible. For younger learners this may mean moving some toys into the closet or into a different room. For older learners it may mean putting their cell phones away or keeping the television off.

Tips for setting up a study space at home: https://www.scholastic.com/parents/school-success/homework-help/study-skills-test-taking-tips/9-tips-creating-perfect-study-space.html

- 3. <u>Make a plan:</u> Talk to your children about what the new normal will be and have everyone agree on expectations. "No, recess will not extend from 10 o'clock until noon. Yes, you get to choose what we have for lunch." Make sure to stick to it!
- 4. <u>Support organization:</u> Daily checklists or to-do lists by subject are strategies our students are familiar with and can help to reduce the feeling of being overwhelmed. Support your child's organization by having them continue to use their planner to keep track of assignments. Have your student's google classroom calendar synced to your calendar and/or theirs if they have a device with a calendar app. You can print the checklist provided or use a dry erase board, sticky notes or notes app to create checklists to stay organized. These checklists can also be used to incentivize and you can help your child build in recess-style breaks once they complete a certain amount of items.
- 5. <u>Create a daily schedule:</u> Much like creating a work space, it's important to get your students input when creating a daily schedule. Sample schedules can be found at: https://ileadaguadulce.org/organizing-your-remote-learning-schedule/
- 6. <u>Stay involved</u>: It can be all too easy to set a plan, make sure the internet is working ... and walk away. You'll want to do some periodic check-ins with your students. Are they getting their assignments done? Is the space working out? Are some classes harder online than they had anticipated (or easier)? Use this time to check in with your child to see how they are progressing and if any questions or concerns arise, please reach out to your child's teachers and School Counselor.



DAILY SCHOOL WORK CHECKLIST



CLASS	TASKS	UPCOMING DUE DATES	✓ ONCE FINISHED AND SUBMITTED
LA			
MATH			
SCIENCE			
SOCIAL STUDIES			
RELATED ARTS:			
RELATED ARTS:			
RELATED ARTS:			