



FORMAN

Dear Parents,

I hope you all are healthy and safe. So much information is coming at us every day, and it can feel overwhelming. Many of you may have questions about COVID-19 or a minor medical concern, but don't want to contact a medical professional. We can help with that. Over the next week, our nurses will be reaching out to help. They are happy to clear up any COVID-19 questions and also address questions about other potential health issues. We are here to be of service.

You may also have some concerns about the mental well-being of your child. Perhaps they are feeling extra anxious or sad. We are planning both some group sessions and individual check-ins with our psychologists and counselors. If you are worried about your child, please contact Director of Counseling Charlene Halloran at charlene.halloran@formanschool.org and she will follow up. We know this is a tough time for our students and would like to connect them with some additional support if necessary.

The Heads of the Housatonic Valley Athletic League schools met late last week on a Zoom call to discuss the implementation of the 2020 Spring HVAL athletic season in light of the many challenges and uncertainties that schools and families are facing with COVID-19. After much discussion, the Heads reluctantly but unanimously agreed to cancel the Spring 2020 HVAL season. All agreed that, should students be back on campus before the end of the school year, they would be eager to work together to create opportunities for some athletic contests among member schools as appropriate.

Because we know how important athletics are to our students, families, and communities, this was a very difficult decision, but one that we made with the safety of our students and families in mind. We are most disappointed for our seniors, who have worked hard to become leaders and great teammates, and who have represented our School so well over the years. Should you have any questions, please contact Athletic Director Scott McCarty '76 at scott.mccarty@formanschool.org.

Please know we are thinking about you and your families. We are disappointed we will not be seeing their faces in person soon but are working hard to develop a great digital learning experience.

Best,

Adam K. Man
Head of School

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STAY CONNECTED

