

# YEAR 4 DOWNE TRIP PARENT MEETING

Please collect a health form and  
kit list

# Downe Scout Activity Centre

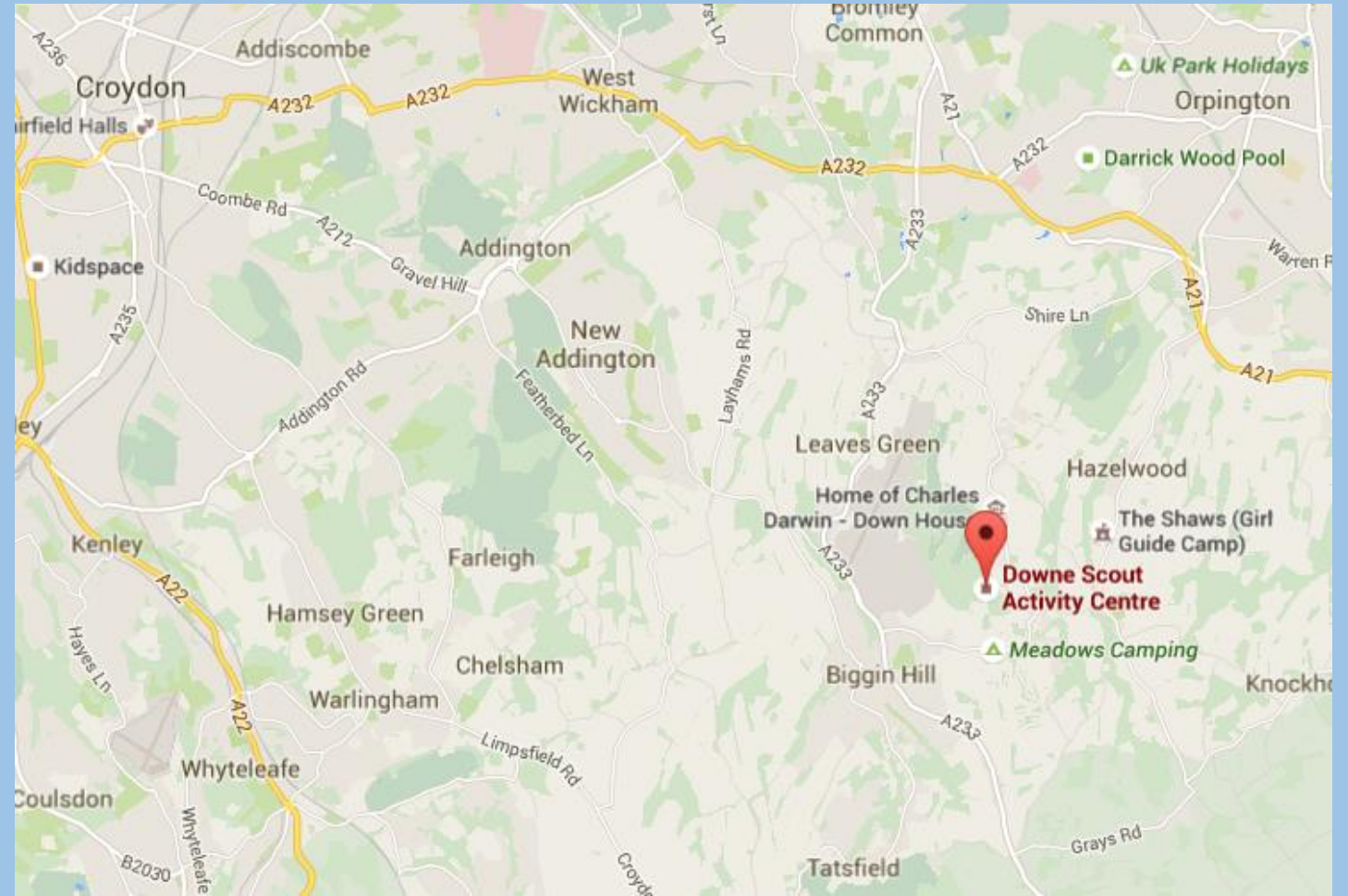
Wednesday 12<sup>th</sup> – Friday  
14<sup>th</sup> June 2019



Near Biggin Hill in  
Kent

Around a 30min  
drive

Going by coach



# Wednesday 12<sup>th</sup> June

- Arrive at school for 8:50 via the normal entrance.
- Children will bring their bags with them straight to the hall.
- Have a small backpack too for water or lunch.
- Have a packed lunch or order one from the kitchen (speak to us and pay on ParentPay).
- Wear comfortable clothes suitable for the outdoors.
- MEDICINE will be collected at the year 4 entrance.
  - A text will be sent when we arrive.

# Friday 14<sup>th</sup> June

- Back in time for 3:30pm.
- A text will be sent to say we are leaving.
- Collect your children from the playground.
- Allow space for children and luggage to be unloaded safely.

# MEDICATION

- Will be collected on the morning of the trip outside the year 4 entrance.
- EpiPens and asthma pumps – please bring 2, children to keep one with them.
- Please include with the medicine:
  - Child's name (full)
  - When it needs to be taken and dosage
  - Whether it needs to be stored in a fridge
- In your child suffers from headaches or hay fever please provide medicine to be used as and when.

# ACCOMODATION

- Indoor accommodation with bunkbeds
- 2-8 children sharing depending on buildings used
  - Fully equipped kitchens
  - Shower and toilet facilities
    - Same sex rooms
- School adults in every building (children will know where our rooms are)
- In the next few weeks children will let us know the names of children they will be happy to share with and they will be with at least 1 of those children.

# ACTIVITIES

Every day children will complete a range of activities including:

Orienteering

Fire lighting

Arial trek

Leap of faith

Archery

Shelter building

Crate stacking.

Session	Time	Park Hill 1
Thu	09:30 - 11:00	Crate Stacking - A
Thu	11:00 - 12:30	Archery - A
Thu	13:30 - 15:00	Firelighting*
Thu	15:00 - 16:30	Backwoods Cooking*
Thu	19:30 - 20:00	Campfire (Main)



# SAFETY

- Harnesses and helmets for anything that involves heights
  - Trained staff
  - A member of school staff with every group.
  - If we need to inform you about anything the school will ring.
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- Photographs of the children will be uploaded to the school website daily (internet and signal permitting) but you **MUST TICK THE BOX AT THE END OF THE HEALTH FORM.**

# WHAT TO BRING

<u>Essential</u>	<u>Advised</u>	<u>Optional</u>
Sleeping Bag	Walking boots or strong shoes	Tissues
Pillow	Waterproof trousers	Torch (and spare batteries)
Trainers	Plastic bags for dirty clothes	Favourite night time cuddly toy
Additional footwear	Pocket money (£5 maximum)	Pen and Paper
Waterproof coat		Medication (if required)
Sun hat		Reading book
Sun cream		Camera (disposable is better)
Multiple pairs of socks and underwear		
Multiple pairs of shorts and/or trousers/tracksuit bottoms		
Multiple t-shirts/tops		
Multiple sweatshirts/jumpers		
Pyjamas		
Towel		
Wash kit		
Water Bottle		
Shoes for the shower e.g. Flip Flops		

Certain things can be found at Decathlon or Sports Direct.

# WHAT NOT TO BRING

- Any electrical items including mobile phones.
- Food/snacks (apart from lunch on the Wednesday).

# FOOD

- Please list any dietary requirements on the health form (don't assume that we know).
- We need to know dietary requirements in advance so they can be catered for.
- 2019 choices to be confirmed.

# REMINDERS

- Payment was due on Friday 3<sup>rd</sup> May.
- Health forms due Monday 20<sup>th</sup> May.
- Photographs of the children will be uploaded to the school website daily (internet and signal permitting) but you **MUST TICK THE BOX AT THE END OF THE HEALTH FORM.**
- Take a kit list with you.
- Packed lunch on the Wednesday or request a packed lunch from school via the teachers and pay on ParentPay.

