



## Tips for Remote Learning Spring 2020

Remote Learning may seem new to many of us, a challenge that requires not just knowledge of the school's technology, but a modification in our attitude and approach to schoolwork. In response to this challenge, we believe that it's helpful to view remote learning more like a continuation of normal classroom practice. New technologies for communication and document-sharing are relatively familiar, and so the transition from a class discussion in Room 110 to a Zoom is not such a challenge.

With some preparation, students and families can make the most of this experience and continue to find connection with teachers and classmates while practicing their organization and time management skills. As we transition to this new season, below are some strategies to promote success while practicing remote learning.

1. **General Reminder:** Treat your remote learning experience just as you would a "face-to-face" class. You must "show-up" with the same level of discipline, focus, and follow through to attain value from this learning experience.
2. **Hold Yourself Accountable:** Without the in-class reminders, you will need to ensure you are allocating adequate time to prepare for and complete class work and assignments. It may be beneficial to establish an "accountability partner," or a fellow classmate with whom you can share texts and/or emails of assignment reminders and encouragement.
3. **Establish a Specific and Organized Workspace:** On the school's Instagram account, you will see a series of photos from our teachers' home workspaces. Having this dedicated space is important to feeling comfortable and focused in a learning environment. This will help establish a routine that works best for you and boosts your productivity. Keep your workspace organized with all the learning tools you will need: your iPad, notebooks, pen/pencils, calculators, etc.
4. **Eliminate Distractions:** During your remote learning period, turn off your cell phone and place it in another room. If your workspace is in the same room as the TV, be sure to turn it off while you are learning. There likely won't be any sports on TV anyways, so you shouldn't miss much.
5. **Ditch the PJ's:** I know. Wearing pajamas all day can be one of the best parts of remote learning. However, by getting up and getting ready like normal, you can help to set the tone for making it a productive day.
6. **Practice Time Management Strategies:** Set reminders on your iPad or phone calendar for class times and specific times of day when you will study and/or work on assignments for each subject. Practice "time blocking" in which you allocate a certain amount of time for each task before moving onto the next one. You may want to set a timer to keep yourself accountable.
7. **Keep a regular bedtime:** One major aspect of time management is to make sure our days are beginning and ending at a regular time. If we are getting adequate rest and waking up at an appropriate hour, we are ready to learn and will stay on top of coursework.
8. **Discover your Learning Preferences:** Identify the times of day when you have the most energy and complete your most challenging assignments during that time of day.
9. **Actively Participate:** Remote learning may make you feel like you are learning on your own, but this couldn't be further from the truth. Make sure you are posing and answering questions on discussion boards, engaging with your classmates through online forums, and creating virtual study groups.
10. **Speak Up:** Don't be afraid to contact your teachers if you have questions or if you feel like you are falling behind. We are happy to help with specific learning strategies to support you in this journey!