

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 06/01/20 27/01/20 24/02/20 16/03/20	Main	● Chicken Burger in a Bun	● Beef Lasagne	● Roasted BBQ Chicken Dinner	● Lamb Pasta Bolognese	● Breaded Salmon
	Vegetarian	Veggie Burger	Vegetable Lasagne	Vegetarian Sausages in a Yorkshire Pudding with Gravy	Spaghetti with Tomato & Basil Sauce	Vegetarian Nuggets
	Carbs & Veg	Potato Wedges Peas, Sweetcorn	Tossed Salad Garlic Bread	Roast Potatoes, Broccoli, Carrots	Mixed Salad	Chipped Potatoes, Peas, Baked Beans
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Cheese or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayonnaise or Beans	
	Dessert	Apple & Mixed Fruit Oatie Crumble With Custard	Carrot Cake With Custard (optional)	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Apple Pie with Custard	Ice Cream Pot
Week 2 13/01/20 03/02/20 02/03/20 23/03/20	Main	● Tuna & Sweetcorn Pizza	● Chicken & Vegetable Casserole	● Roast Chicken Dinner	● Chicken Jallof Rice	● Cod Bites
	Vegetarian	Cheese & Tomato Pizza	Mac & Cheese	Roasted Vegetable & Polenta Slice Au Gratin	Sweet Chili Stir Fry Vegetables with Noodles	Tomato & Spinach Pin Wheel
	Carbs & Veg	Croquette Potatoes Salad Bar	New Potatoes Peas/Sweetcorn	Roast Potatoes, Cabbage, Sliced Carrots	Tossed Salad	Chipped Potatoes, Baked Beans, Peas
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Cheese or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayonnaise or Beans	
	Dessert	Fresh Fruit Platter Yoghurt	Rock/Fruit Cakes With Custard (optional)	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Pancake with Fruit Compote	Fruit Pot
Week 3 20/01/20 10/02/20 09/03/20 30/03/20	Main	● Braised Chicken Sausages with Onion Gravy	● Beef Cottage Pie	● Roast Chicken Dinner	● Minced Beef & Vegetable Pie	● Baked Breaded Fillet of Fish
	Vegetarian	Vegetarian Sausages with Onion Gravy	Broccoli & Cauliflower Bake	Plain Omelette	Mixed Vegetable Pitta Pockets with Lentil & Chickpeas With Coleslaw from Salad Bar	Roasted Vegetable & Rice Wrap
	Carbs & Veg	Mashed Potatoes, Fresh Broccoli, Baton Carrots	Savoury Potatoes Sliced Carrots, Mixed Vegetables	Roast Potatoes, Baton Carrots & Peas	Mashed Potatoes, Sweetcorn, Whole Green Beans	Chipped Potatoes, Peas, Baked Beans
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Cheese or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayonnaise or Bean	
	Dessert	Reduced Sugar Fruit Crumble with Custard	Chelsea Bun With Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Reduced Sugar Apple & Peach Crumble with Custard	Vegetarian Strawberry Mousse

Salad Bar and Fresh Fruit and Yoghurt are available every day. We use locally sourced ingredients when available and in season.

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

● Halal Suitable