

Suffield High School **Support Services Information**

While the uncertainty of the current circumstances is certain to bring heightened stress to students and families, the support services department (school counseling, school psychologist, school social worker) will be available virtually via email and google classroom to provide support.

Students and parents can contact school counselors, school psychologists or school social worker at the email addresses below for non-emergency questions or concerns.

Counselors

Mr. Brintle - pbrintle@suffield.org or patrick.brintle@suffieldstudent.org

Mrs. Garfield - ggarfield@suffield.org or gina.garfield@suffieldstudent.org

Mrs. Kochanek - kkochanek@suffield.org or kristina.kochanek@suffieldstudent.org

Mr. St. Amand - rstamand@suffield.org or robert.stamand@suffieldstudent.org

Psychologists

Mr. Friedman - jfriedman@suffield.org or jacob.friedman@suffieldstudent.org

Mrs. Sweeney - tsweeney@suffield.org or theresa.sweeney@suffieldstudent.org

Social Work

Mrs. O'Neill - loneil@suffield.org or lori.oneil@suffieldstudent.org

SPS district cell phone: 860-372-7912

If students or parents require crisis intervention, family support, mental and behavioral health referrals, the following contacts may be utilized:

- Call 211 on any phone.
 - Email help@211info.org
 - Visit: <https://uwc.211ct.org/>
- Department of Mental Health and Addiction Services
 - Visit: <https://portal.ct.gov/DMHAS>
- Call 911 on any phone.