

**Personal learning Checklist for Component 1 and 2.**

**AQA GCSE DANCE**

This is a checklist of topics you need to know for your Dance exam. For each topic indicate your level of understanding in both columns.

**Choreography Knowledge , understanding and skills for choreography**  
**Solo/Group Choreography**

Topic/Ability	Red/Amber/Green Shade	Confidence rating 1-10
Action content: • travel • turn • elevation • gesture • stillness • use of different body parts • floor work • transfer of weight		
Dynamic content: • fast/slow • sudden/sustained • acceleration/deceleration • strong/light • direct/indirect • flowing/abrupt		
Spatial content:•pathways • levels • directions • size of movement • patterns • spatial design		
Relationship content: • lead and follow • mirroring • action and reaction • accumulation • complement and contrast • counterpoint • contact • formations		
Choreographic processes: • researching • improvising • generating • selecting • developing • structuring • refining and synthesising		
Structuring devices and form: • binary • ternary • rondo • narrative • episodic •beginning/middle/end • unity • logical sequence • transitions		
Choreographic devices: • motif and development • repetition • contrast • highlights • climax • manipulation of number • unison and canon		
Aural settings (and how they affect choreographic outcomes): • song • instrumental • orchestral • spoken word • silence • natural sound • found sound • body percussion		
Effects on choreographic outcomes: • mood and atmosphere • contrast and variety • structure • relationship to theme/idea		
Performance environments: • proscenium arch • end stage • site-sensitive • in-the-round		
Communication of choreographic intent: • mood(s) • meaning(s) • idea(s) • theme(s) • style/style fusion(s)		
<b>Documenting the choreography: (programme note of approximately 120-150 words)</b>		
the choice of the set assessment stimulus to which the student responded, and the specific stimulus (eg poem, painting etc) that the student used		
A description of how the choreographic intent of the work eg the idea(s), theme(s), mood(s), meaning(s) and/or style/style fusion(s) of the dance was achieved		
citations of title and musician/artist for any aural accompaniment used		
<b>Performance- Knowledge and understanding and skills for performance</b>		
Solo performance- Breathe and Flux		
Duet/Trio Performance- 3-5 mins.		

<p><b>Physical Skills and attributes:</b> posture, alignment, balance, coordination, control, flexibility, mobility, strength, stamina, extension, isolation.</p>		
<p><b>Technical Skills:</b> Action content (travel, turn, elevation, gesture)  Dynamic content (fast/slow, sudden/sustained, acceleration/deceleration)  Spatial Content(pathways, levels, directions, size, pathways)  Relationship content – for duet/trio performance only- (lead and follow, action and reaction, accumulation, complement and contrast, counterpoint, contact)  Timing content, rhythmic content, movement in a stylistically accurate way.</p>		
<p><b>Expressive Skills:</b> Projection, Focus, spatial awareness, facial expression, phrasing  For Duet/Trio performance only:  Musicality, sensitivity to other dancers.  Communication of choreographic intent.</p>		
<p><b>Mental Skills and attributes:</b>  Movement memory  Commitment  Concentration  Confidence</p>		
<p><b>Safe working practices during performance:</b>  Safe execution  Appropriate dancewear, including  Footwear  Hairstyle  Absence of jewellery.</p>		
<p><b>Mental skills and attributes (process):</b>  Systematic repetition  Mental rehearsal  Rehearsal discipline  Planning of rehearsal  Response to feedback  Capacity to improve</p>		
<p><b>Safe working practices (process):</b>  Warming up  Cooling down  Nutrition  Hydration</p>		

<b>Dance appreciation Critical appreciation of own work:</b>		
<b>Performance:</b> • the meaning of the relevant performance terminology in Performance		
The contribution of performance to audience understanding of the choreographic intent of the work being performed including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s)		
<b>Choreography:</b> • the meaning of relevant choreography terminology in Choreography • the contribution of choreography to audience understanding of the choreographic intent of the work including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s)		
<b>Critical appreciation of professional set works: Features of production:</b> • staging/set eg projection, furniture, structures, backdrop, screens and features of these such as colour, texture, shape, decoration, materials		
Lighting eg colour, placement, direction, angles etc • properties eg size, shape, materials, how used etc		
Costume (including footwear, masks, make-up and accessories): features such as colour, texture, material, flow, shape, line, weight, decoration and how they define character or gender, identify dancers, enhance or sculpt the body and enhance the action		
Dancers (number, gender)		
Aural settings eg song, instrumental, orchestral, spoken word, silence, natural sound, found sound, body percussion, style, structure and musical elements such as tone, pitch and rhythm dance for camera eg placement, angle, proximity, special effects		
Performance environments: • proscenium arch • end stage • site-sensitive • in-the-round		
Choreographic content: • movement content as per the knowledge, skills and understanding for choreography specified in Choreography • structuring devices and • choreographic devices		
Choreographic intent: • mood(s) • meaning(s) • idea(s) • theme(s) • style/style fusion(s)		

## Anthology of works

You must study all six works in their entirety and be prepared to describe, analyse, interpret, evaluate and reflect on the works in response to short answer and extended writing questions.

Dance work	Dance Company	Choreographer
Artificial Things	Stopgap Dance Company	Lucy Bennett
A Linha Curva	Rambert Dance Company	Itzik Gallili
Infra	The Royal Ballet	Wayne Macgregor
Shadows	Phoenix Dance Theatre	Christopher Bruce
Within Her Eyes	James Cousins Company	James Cousins
Emancipation of Expressionism	Boy Blue Entertainment	Kenrick H2O Sandy

You must know and understand the defining characteristics of each set professional work:

<b>Dance appreciation Critical appreciation of professional set works:</b>		
<p><b>Features of production including:</b></p> <p><b>Staging/Set-</b> e.g projection, furniture, structures, backdrop, screens and features of these such as colour, shape.</p> <p><b>Lighting-</b> e.g colour, placement, direction, angles etc</p> <p><b>Properties-</b> e.g size, shape, materials, how used.</p> <p><b>Costume</b> including footwear, masks, makeup and accessories. How they define character or gender, identify dancers, enhance or sculpt the body and enhance the action.</p> <p><b>Dancers-</b> number, gender</p> <p><b>Aural settings-</b> e.g song, instrumental, orchestral, spoken word, silence, found sound, body percussion, style, structure and musical elements such as tone, pitch and rhythm.</p> <p><b>Dance for camera-</b> placement, angle, proximity, special effects.</p>		
<p><b>Performance environments including:</b></p> <p>Proscenium arch</p> <p>End stage</p> <p>Site-sensitive</p> <p>In-the-round</p>		
<p><b>Choreographic approaches</b></p> <p>As exemplified in the interviews with each choreographer.</p> <p>These will be watched in class.</p>		
<p><b>Choreographic content, including:</b></p> <p><b>Movement content-</b> action, dynamics, space and relationships</p> <p><b>Structuring devices and form-</b> binary, ternary, rondo, episodic, narrative, beginning/middle/end, unity., logical sequence, transitions)</p> <p><b>Choreographic devices-</b> motif and development, repetition, contrast, highlights, climax, manipulation of number, unison and canon.</p>		