

OBLIGATIONS, ASPIRATIONS, AND NEGOTIATIONS GUESSING GAME

Directions: Knowing how to prioritize your time is a critical component of successful time management. Activities that take up your time can be categorized as: obligations, aspirations, and negotiations. Can you guess what these activities might be? Use the chart below and try your best to identify each activity as an obligation (o), aspiration (a), or negotiation (n).

Obligations: Activities you **HAVE** to do

Aspirations: Activities you **WANT** to do

Negotiations: Activities you **WANT** to do that **do not have a set time**

Activity	Obligation (O) Aspiration (A) Negotiation (N)
Taking Out the Garbage	
Browsing the Web	
Buying Materials for a Project	
Shopping for New Shoes	
Studying for an Exam	
Reading a Book for Pleasure	
Going to the Movies	
Attending a Yoga Class	
Texting with Friends	
Attending a Family Graduation	
Staying After School for Help	
Running Two Miles	