

Sample Daily Schedule

Grades 7-12

7:30 AM	Get up, get dressed, brush teeth, eat breakfast, etc.
8:15 AM	Prepare learning space, log into ClassLink, Blackboard.
8:30 AM	Review announcement from teacher on Blackboard/Email; Engage in learning activity for ELAR
9:00 AM	Take quick stretch and nutrition break
9:20 AM	Review announcement from teacher on Blackboard/Email; Engage in learning activity for Math
9:50 AM	Take a quick stretch and nutrition break
10:00 AM	Engage in supplemental activities (Study Island, Istation, etc.)
10:45 AM	Catch up, check communication, and any new announcements
11:00 AM	Lunch
11:30 AM	Physical Activity/Wellness (Daily)
12:30 PM	Review announcement from teacher on Blackboard/Email; Engage in learning activity for Science
1:00 PM	Take quick stretch and nutrition break
1:10 PM	Review announcement from teacher on Blackboard/Email; Engage in learning activity for Social Studies
1:40 PM	Take quick stretch and nutrition break
1:50 PM	Electives (check teacher announcements on Blackboard and follow instructions)
2:20 PM	Catch up, submit assignments, document learning in ways specified by teacher
3:00 PM	Pat yourself on the back for a full day of virtual learning!