THE COUNSELING CORNER @ KJH

MARCH 2020



7th Grade Registration – We have completed 7th grade registration for Windridge, Columbia and Burton Elementaries. We have enjoyed visiting with each of you and look forward to getting to know our incoming 7th graders better! The KJH Counseling Team will be visiting Kaysville Elementary on Friday, March 6, 2020.

8th/9th Grade Registration – Registration packets for the 2020-2021 school year will be distributed to current 7th & 8th grade students in English classes on Tuesday, March 3, 2020. Students and parents should fill out and return the registration forms to the Counseling Center or the Main Office no later than Friday, March 13, 2020.

Summer P.E. – Summer P.E. class will be open to students who will be in the 8th or 9th grade during the 2021 school year. This class will be on a first come first serve basis.

ACT Practice Test - 9th grade students will be taking the ACT practice test on Tuesday, March 3, 2020. Testing will begin at 8:10am. Students will need to bring their own calculator for the test. Calculators will not be provided. Please make sure that your student gets adequate sleep the night before and eats a good breakfast to prepare for the test. Please see the attached flyer for more details.

USU Engineering Extravaganza – This event will be hosted by USU and will be held on March 20-21, 2020. Registration is open to girls in grades 8-11. Experience a day in the life of an engineering student! Please see the attached flyer for more details.

DSD Intervention Finder – For the month of March we will focus on Inattention. Students who appear inattentive may be frequently off-task or distracted. Working memory may also be a concern, as multiple step directions can be difficult, and they often appear forgetful. They may ask to have things repeated frequently and may appear lost and/or disorganized. Please click on the following link for more helpful information.

https://www.davis.k12.ut.us/departments/student-family-resources/lcmt/intervention-supports



· Dates · to · Remember ·

March 20 — End of 3rd Term

March 23 — Professional Day — No School

Spring Break - March 30 - April 3

(school resumes April 6)

Need help with your homework?

Come to Knight Discovery!!

is held every
is held every
Tuesday,
Wednesday, &
Thursday from
3:15-4:15 pm. In
the Media Center.



If you have any questions or are in need of any assistance, please feel free to contact the KJH Counseling Center @ 801-402-7207.

- Mr. Brown (A-H)
- Mrs. Stephens (I-R)
- Mrs. Erickson (S-Z)



Why Take a Practice ACT?

Research supports that students who take The ACT multiple times do better with increased exposure. The average increase in composite score is 2.9 points¹.

Taking a practice ACT can help with the following²:

- 1. **Practice exams may lessen test anxiety.** Knowing the instructions and structure of the test can help you feel confident taking the actual exam.
- 2. **Practice exams can help with motivation.** Taking a practice test can give you an idea of how you would perform on an actual exam and help you create a plan of study for areas of improvement.
- 3. Practice exams help you synthesize knowledge. Using test-taking strategies takes practice.

Practice ACT Details

All 9th Grade Students at KJH are invited to take the Practice ACT. Students who have Home Release on their schedule are encouraged to be on campus during the test administration.

Students should arrive by 8:05 a.m. on Tuesday, March 3rd to check their testing roomassignment. The test will conclude by 12 noon.

The ACT has some important changes coming Fall 2020³



Online Testing: Students can choose to take the ACT online or on paper. Online testing means results as soon as two business days.



Section Retesting: Students can select to take individual sections of the exam to increase individual section scores and composite superscore.



Superscores: A superscore is the average of the four best section scores from each of the student's ACT test attempts.



¹ (2016). Retrieved from https://www.act.org/content/dam/act/unsecured/documents/5195-Multiple-Testers.pdf

² Ellis, S. (2018, September 24). 3 Ways Practice Tests Can Elevate ACT, SAT Prep This Fall. Retrieved February 11, 2020, from https://www.usnews.com/education/blogs/college-admissions-playbook/articles/2018-09-24/3-ways-practice-tests-can-elevate-act-sat-prep-this-fall

³ NEW FIRSTS FOR STUDENTS TAKING THE ACT® TEST. (2019). NEW FIRSTS FOR STUDENTS TAKING THE ACT® TEST. Retrieved from https://www.act.org/content/dam/act/unsecured/Images/2020/new-firsts-infographic.pdf

ENGINEERING EXTRAVAGANZA

Calling future engineers grades 8-11! Experience a day in the life of an engineering student! Explore engineering through performing experiments and meeting current professors and students.

Workshops included for biological, civil, environmental, electrical, computer, and mechanical engineering!

MARCH 20-21

CHECK IN: 5:00 FRIDAY

CHECK OUT: 4:00 SATURDAY

Food and Lodging Included!*

USU's Engineering Building (ENGR)

Sponsored by the USU Society of Women Engineers

Registration open to girls grades 8-11

Learn More and Register at: https://tinyurl.com/rqas892







*Waivers available based on financial need

\$30

Contact Rachel Israelsen at outreach.ususwe@gmail.com with any questions