

DAILY TREATMENT PLAN

Please list any medications taken daily to manage asthma, including nebulizer treatments.

	Name	Purpose	Dosage	When to use
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____

These medications are prescribed for the time period _____ until _____.

Medical Equipment:

Please list any medical equipment this student will need to treat his/her asthma at school (i.e. spacer, nebulizer, oxygen, etc.)

Emergency action is necessary when this student has symptoms such as:

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Steps to take during an asthma episode:

1. Give emergency medications:

A. Bronchodilator (quick-relief medication):

Name: _____

Purpose: _____

Dosage: _____ When to use: _____

Can be repeated for severe breathing difficulty _____ times _____ minutes apart.

Call 911 or EMS if minimal or no improvement.

B. Other medications

Name: _____

Purpose: _____

Dosage: _____ When to use: _____

Additional instructions: _____

These medications are prescribed for the time period _____ until _____.

2. Seek emergency medical care if this student experiences any of the following:

- No improvement 15-20 minutes after initial treatment with medication and a relative cannot be reached.

- Student exhibits any of the following behaviors:

*chest and neck pulled in with breathing
trouble walking or talking*

*stops playing and cannot start activity again
struggling to breathe*

*hunched over while breathing
lips or fingernails turn gray or blue*

Comments and special instructions: _____

Physician's signature

Date

I give permission to my child's school to administer daily and emergency medications as necessary, in accordance with physician's instructions above.

Parent/Guardian's signature

Date

