

# Home Activities

Mix up toys - eg. Use duplo to build bridges for train track or play kitchen as a 'drive thru' for vehicles.

Creative - painting, playdough, cutting and sticking, junk modelling

Board games - old school ker plunk or operation!

Messy - shaving foam, cornflour, soap, water - wash toys, dolls, play kitchen bits

Make a den

Move the room around

Hide and Seek

Make an obstacle course with cushions/small tables/toys

Get in swimwear and play in the bath/shower

Create a role play area using props from around the house - zoo, fire station, hairdressers, café, vets etc.

Make cards or pictures

Make a 'mini movie' with toys or puppets, record and watch back/send to others

Make a book

Save magazines/hide toys and put away to bring out when they are bored of others.

Puzzles - extend by hiding pieces around the room for them to find before making the puzzle

Treasure hunt - draw quick picture clues of places around the house and they follow the clues to find a favourite hidden toy

Learn a new skill - using scissors, holding a pencil, potty training, phonics practise (ask me if you need suggestions of resources or websites)

Dancing and exercise - youtube toddler wake and shake or Just Dance

Baking - keep it simple and ice biscuits

Outside - wash car, wash bikes, gardening, chalk drawing, watering, treasure hunt (give pictures of things to find eg. Leaf, stone, stick, bug, flower etc.), make mud pies, make a den with sticks or material, listen for 5 different sounds.

# Home Activities

Drawing with cars - tape a pencil or pen to toy cars and push around paper to mark make

Craft in the garden - decorating stones, make stick man, painting with water, if sunny - put toy animals on paper and draw around the shadow

Use biscuit cutters for paint printing

Junk modelling boats out of plastic recycling materials

Bubbles!

Play shops with recycling materials and an old bag/purse

Use kitchen rolls to roll balls down/through

Build paper cup towers

Paper plate quoits - cut out the middle of a paper plate, stand a kitchen roll tube up and aim!

Masking tape on floor/old sheet - make roads for cars, make into numbers/names, make lines to jump onto, write numbers on it and roll a dice and jump to that number.

Draw and cut out hand and foot prints and lay out on floor to go along

Choose a book and act out the story yourselves or with toys

Lego challenge - choose something they need to make and give them 10 mins or however long you like!

Look through old photos and videos

Make up a board game with dice and other objects/draw a game board

Sort toys by category/type/colour

Folding paper - follow origami videos or make up own shapes

Teddy/doll picnic with real snacks

Make lunch together - learn to spread butter on bread, use cutters to make different shape sandwiches, make funny faces with veg.

Google Earth - explore the world and search for places you know!

Five Minute Mum - search for her website or she is on facebook and Instagram - she has loads of brilliant, easy ideas