

Common Heart

- Drivers to deliver on Saturday mornings food to families.
- Drivers for picking up donations at grocery stores Mon - Sat at 11 am.
- A few extra volunteers Mon and Thursday nights 5:30 - 8:30 to work at our pantries in Hemby Bridge and Wesley Chapel.
- More food sources, especially nonperishables

Donation Drop off at 116 Business Park Dr, Suite A, Indian Trail, NC 28079
Or call 704-218-9060

Keep Informed about Best Practices at:

www.unioncountync.gov/COVID-19
<https://www.wingate.edu/coronavirus>



Community Shelter

All precautions are being taken to minimize contact – drop donations (labelled as “Donation Drop Off”) at the door of the shelter 7 days a week between 7:30am and 7:30pm. Avoid meal times (8am, noon, 7pm). Also, all volunteers are asked to be safe and do not come if they feel unwell.

LOCATION: 160 Meadow St. Monroe

PHONE: 704 289 5300

Financial Donations: www.unionshelter.org/donate

Cleaning needs:

Toilet Paper; Paper Towel; Dish Soap; Bleach; Liquid hand soap; Hand sanitizer; sanitizing wipes; latex gloves

Soup Kitchen Needs:

Disposable products (plates, bowls, cups (hot and cold), utensils, napkins, to go containers, zip lock bags (sandwich & snack size)

Miscellaneous Needs:

Over the counter medications (Ibuprofen / tylenol; cold medications; cough syrup); cough drops; tissues; bottled water; reusable water bottles; pads/tampons

Food Needs:

- MEALS: Simple foods that can feed many people (up to 100) chili, lasagna, etc... and can be frozen ... a fun family activity!
- SANDWICHES: individually bagged, no condiments or sandwiches rebagged in the original bread bag ... a fun family activity!
- Mac and Cheese
- Canned items (tuna, chicken, fruit, vegetables, soup, pasta)
- Instant mashed potatoes
- Peanut Butter and Jelly
- Cereal
- Ramen Noodles
- Snacks: Granola Bars; Individual bags of chips / snacks; Pop tarts; Little Debbie's
- Milk – regular and dry

Heart for Monroe

H4M is working with the police, UCPS, Council on Aging to bring food to highschool students, families, home bound, and the elderly ...

They need donations!

- **Food Boxes:** bags of rice, beans, pasta (dry & cans), fruit cups, peanut butter, jelly, pasta sauce, canned veggies, cereal, pop tarts, granola bars
- **Fresh Produce:** Potatoes, fresh veggies, fresh fruits
- **Supplies:** paper towels, toilet paper, hand sanitizer, soap, hygiene items (middle and high school girls especially), Diapers & wipes
- **Clothing:** any donations (take to the Closet site only)

Here is a site to donate or volunteer (all safety precautions are being taken to minimize contact and the spread of the coronavirus):

<https://heartformonroe.com/rapid-response-team/>

Drop Donations at:

Chain Reaction Studios
(204 N Main Street Monroe)
Mon – Fri 9am – 5pm

The Clothes Closet (104 S Hayne St, Monroe)
Mon to Thur 11-1pm

Monroe Police Department
(218 E Franklin Street Monroe)
Mon – Fri 8:30am – 4pm

Union County: Department of Health

One area that Wingate's faculty and professional health teams may be able to assist the Department of Health with is to rotate and help answer questions on our established Local Public Hotline that is to assist and educate the general public with their questions and concerns relating to COVID-19. The number is 704-292-2550, and it is open Monday- Friday from 8 am - 8 pm. If you are interested in volunteering, please contact C. Wright and we will get you connected (and trained) for this service to our neighbors.