

Learning at Home

Monday-Wednesday-Friday Schedule Suggestions



Around 9:00 am	Wake Up	Involve kids in making breakfast when possible, make beds, get dressed
9:30 - 10:30	Morning Walk and Wonder Time	Take a walk outdoors and engage in conversation. Bring journals to sketch interesting finds such as rocks, plants, insects, etc. Add questions related to the object or what you notice in your journal.
10:30-11:00	Investigate Wonderings	Work together to look up resources about your wonderings. Do this with your child and investigate your own wonderings as well. Helpful sites are listed below.
11:00-12:00	Creative Hour	Kid's Choice: Write a story, Create a Script for a Play, Turn an Equation into a Math Story, Draw, Build, Design Challenge, Make up a Dance, Create Music
12:00-12:30	Make Lunch Together	Use cooking as a way to practice measurements and math. "How can I cut this sandwich into fourths? How many fourths equal one half?"
12:30-1:30	Outdoor Play	Ride bikes, jump rope, sidewalk chalk, throw a ball, climb a tree, read on a picnic blanket, have fun!
1:30-3:00	Quiet Time	Take a nap or read a book.
3:00-3:30	Design Challenge	Sketch ideas for inventions to solve problems, build with household materials, work as a team
3:30-3:50	20 Minute Tidy	Set timer for 20 minutes to do a tidy-up. Consider using a chore chart to do a different job each day.
3:30-5:00	Academic Time	Use academic apps, websites, materials brought home from school, etc. to build academic knowledge and skills
5:00-6:00	Outdoor Play	Afternoon Fresh Air Free play
6:00	Dinner	Dinner with family when possible; Consider using facetime or Google Hangouts to bring distanced family and friends to dinner conversations. Talk about today's wonderings.
6:30-8:00	Free Time & Baths	Kids bathe and enjoy free TV or game time
8:00 or 9:00	Bedtime	Kids who followed the schedule and accomplished some goals today get to stay up for 1 extra hour of free time.

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Tuesday/Thursday Schedule Suggestions



Around 9:00	Wake Up	Involve kids in making breakfast when possible, make beds, get dressed
9:30 - 10:30	Creative Hour	Kid's Choice: Write a story, Create a Script for a Play, Turn an Equation into a Math Story, Draw, Build, Design Challenge, Make up a Dance, Create Music
10:30-11:30	Computer Time	Post an index card on the computer to show your child the steps you want them to complete: 1- Scholastic - Complete 1 day's activities 2- Khan Academy - Complete 4 Learn & 4 Practice/Quiz OR- Zearn - Complete 2 Lessons 3- Listen to one story on Storylineonline . Write 1-3 sentences in your journal describing the story.
11:30-12:00	Lunch & Tell	Show what you made during Creative Hour and share what you learned during computer time.
12:00-1:00	Outdoor Play	Ride bikes, jump rope, sidewalk chalk, throw a ball, climb a tree, read on a picnic blanket, have fun!
1:00-1:30	Writing Workshop	Work on Story or Story Map: Print one of these for each child and attach to a clipboard.
1:30-3:00	Quiet Time	Take a nap or read a book.
3:00-4:00	Life Skills Projects	Teach how to tackle a home or family project and let your child take on the task. Ideas include: Doing Laundry, Organizing drawers or closets, emptying trash, sweeping patios, making a grocery list, etc.
4:00-5:00	Learning Games	Play checkers or chess, build a puzzle, spell words with fingers in shaving cream on a table, create a store with price tags and a calculator to add up totals, play a board game.
5:00-6:00	Outdoor Play	Afternoon Fresh Air Free play
6:00	Dinner	Dinner with family when possible
6:30-8:00	Free Time & Baths	Kids bathe and enjoy free TV or game time
8:00 or 9:00	Bedtime	Kids who followed the schedule and accomplished some goals today get to stay up for 1 extra hour of free time.