

Home Learning: Tips for Parents

YOUR ROLE

We know that teaching is a complex job that requires expertise. **Rest assured** that we are not asking you to be teachers: your task is to help your child or children maintain **continuity in their learning** and teachers will remain available to guide you through the process.

DAILY SCHEDULE

- Create good **work habits** and routines (to be adapted based on the age of your child or children).
- Create a safe and **comfortable working station** where your children can find all their material.
- The daily schedule should have a **fixed time** for getting up in the morning and a fixed time for going to bed.
- Have a **daily or weekly planner** to help your child visualize what they have to do and to help them check when they are done with an activity.
- Plan on having them work in 30 minutes increments and offer many breaks.
- **Limit screen time** and instead, encourage them to be **thinkers, doers, inquirers.**
- Take the **time to talk** with your children, to encourage and reassure them.



Ideas



Daily must-do activities

- Reading or being read to.
- Listen to French!
- Creating (tinker or write)
- Mental calculation
- Physical activity
- Discussing
- Go outdoors

Home Learning time is not just about school work, it is also a time to:

- **Talk With Your Child** about events of the day, something they read, something they saw, a song they heard, a painting they enjoy etc....
- **Watch documentaries** or classic movies together and discuss the story or draw a part of it, or learn more about the information learned.
- **Play Board Games:** many board games are used in classrooms as tools to teach math and reading concepts. They range from simple card games to more complex strategy games.
- **Home Economics 101:** Encourage your child to join you in activities such as: **Cooking:** choose a recipe with them and let them try it (reading, organizing, counting, measuring)
Gardening: prepare seedlings, plant seeds, make an herb garden.
Tinkering: safety first of course.
- **Sing, Listen to Music**
- **Be active:** go for a walk, a hike, jump, run, skate, use a scooter, a bike.
- **Write** in a journal or write letters to others.
- **Create, Draw:** using a variety of tools (markers, paintbrushes, fingers) , material (paper, wood, stones, cardboard...) and medium (paint, ink, chalk)