



CANISIUS HIGH SCHOOL

JESUIT PREPARATION *for* COLLEGE...FOR LIFE

eLearning Plan

Parent and Student Guide

The focus of the eLearning plan is to organize the schedule into three days, Alpha (α), Beta (β), and Gamma (γ), thus allowing teachers and students more time to complete the work associated with online learning. Core competencies will be the main focus in each course. Here is the daily schedule.

Day of Week	Monday	Tuesday	Wednesday	Thursday	Friday
eLearning Day	α	β	γ	α	β
Daily Check-in	Mentor Group	Mentor Group	Mentor Group	Mentor Group	Mentor Group
8:30A - 10:30A	English	Foreign Language	Computer Science	English	Foreign Language
10:30A - 12:30P	History	Mathematics	Health/PE	History	Mathematics
12:30P - 2:30P	Religion	Science	Fine Arts	Religion	Science

Key Points:

- A mentor group check-in will take place daily on Schoology. This check-in will be available beginning at 8:20am and must be completed no later than 10:15am or the **start of a student's first class of the day**. This is an opportunity for mentors to have daily contact with each mentee and is an initial check on his well-being during our time out of the building.
- The majority of work for each subject will be completed during scheduled meeting time.
- In most cases the work for each class will be a posted activity. Some teachers may choose to use a portion of their time in a live audio/screen sharing only environment.
- The schedule indicates the period of time teachers will be available to students for that particular subject.
- Attendance will be taken during each class.
- Each subject's eLearning will likely look different. You should not expect each subject to be the same. Each eLearning subject will be designed by the individual teacher.
- The rules of the Canisius High School Handbook remain in effect.

Technology Support

- The IT department will contact all students with instructions on how to use the digital help desk. A student should contact the help desk when:
 - a school issued iPad is broken or not functioning correctly.
 - students are unable to access school related apps or sites.

Student Tips for Success and Guidelines for eLearning

- ***Appropriate eLearning conduct***
 - In every instance, teachers and students should interact in ways that are transparent. This means that the use of texting or social media are prohibited. All communication should be done using Schoology or other Canisius High School apps. Remember, taking pictures and videos of people without their consent is never allowed and will be met with serious consequences.
- ***Set a space for class time***
 - Fight the temptation to complete class work on your bed. As a best practice, it is always recommended to complete work elsewhere, but as we move to a full eLearning experience, it becomes even more important to designate a particular space for class work. The kitchen table, a quiet corner, even a desk chair on the other side of your room can work; the object is to clearly define spaces to be used for work and spaces to be used for rest. Blurring the lines between the two may lead to a decrease in focus and inability to relax fully.
- ***Have a routine***
 - Proper routine is an excellent way to signal to your brain and body that work is about to be done. While away from the physical classroom space, putting on clean clothes for the school day signals to your brain and body that the next few hours will be spent working, even though you are still at home.
- ***Be present to your class work***
 - We have created a structure to help you manage your day and class work from home. Unlike an in-person class, there is little keeping you from playing Xbox, watching Netflix, texting with friends, or walking away from your desk. eLearning is built upon the trust that teachers place in their students to fully engage in the learning process. Likewise, students trust their teachers to provide the same quality education and resources due in any other learning environment.
- ***Remove temptations***
 - No one is going to tell you to put your phone away or to stay on task. Once you have made the decision to be present to your class work, take a realistic look at what may tempt your attention away from the task. Leave your phone in a different room, keep your school device in “do not disturb mode,” designate two different “desktops” - one for school work and one for social media, games, etc. In between class work, check your messages, play a quick game, get up and move, grab a snack, check in with a friend - do what is needed to recharge and reset for the next class.

- ***Stay active***
 - Sitting around all day is never a good idea. While heading to a gym, the mall, the soccer field or another large meeting space is not feasible, staying active is still an important part of self-care and the learning process. Instead of focusing on what you can't do, consider what you can. Do you have any home exercise equipment? Can you check out fitness videos on Youtube? Can you run around the neighborhood?
- ***Call your friends***
 - Who do you hang out with at lunch? Afterschool? During a free period? Consider a Google Hangout or Facetime to check-in with friends. If you are in a situation where you are unable to see each other or spend physical time with them, it's worth it to check in and unwind with your friends.
- ***You will succeed***
 - These are unprecedented times but rest assured, as a Canisius High School student, you have the talent, the tools, and the support of your family and teachers to succeed. Reach out for help and stay on task. We look forward to seeing you soon!