

O

1) Name in print

- a. Write his name on a notecard. Also write all family members names on a notecard. Lay all the names on the table and ask him to “Get O ___”. If he’s having a hard time with this, you can also attach a small photo of each person to their notecard to make it a little easier for him.

2) Environmental Print

- a. If you have access to a printer, you could print out a few different food labels that you might be using to make lunch. Show him the picture of the food label and have him retrieve the correct item. For example, if you are making PB+J, lay out the peanut butter, jelly and bread on the counter. Show him a photo of the peanut butter label and ask him to get it. Then do the same for the rest of the items.

3) Counting

- a. He has been using counting jigs to work on counting numbers 1-5. You can create jigs at home. Get 5 pieces of paper. On the first paper, draw 1 circle and color it in. Write the number 1 above it. On the next piece, draw 2 circles, color them in, and write the number 2 above it. Continue through 5. Have him practice counting different items throughout the day!

4) Get “X”

- a. Have him retrieve various items needed throughout the day. For example, if it’s time to eat chicken noodle soup for lunch, tell him to “get spoon”. You can do this for any activity.

5) Sorting

- a. You can practice this skill by having him put away the silverware. He has been working on sorting forks, knives and spoons so he should be pretty good at this. You can also have him practice this with laundry (i.e. socks in one pile, underwear in another pile, shirts in a different pile, etc.)

6) Book sharing

- a. Let him pick out a book. Read it together and practice having him identify items on each page. For instance, ask him to “find the dog” on a page.

7) Fine Motor

- a. Zipping up his coat, cutting his food, opening packages (chips bags, juice boxes, etc)

8) Self Help

- a. Continue to work on brushing teeth, washing face, putting on deodorant, washing hands, etc.

9) Exercises

- a. He has been working on jumps, toe touches, modified squats, and marching in place.