

## E

### 1) Sorting

- a. You can practice this skill by having him put away the silverware. He has been working on sorting forks, knives and spoons so he should be pretty good at this. You can also have him practice this with laundry (i.e. socks in one pile, underwear in another pile, shirts in a different pile, etc.)

### 2) Counting

- a. He has been using counting jigs to work on counting numbers 1-5. You can create jigs at home. Get 5 pieces of paper. On the first paper, draw 1 circle and color it in. Write the number 1 above it. On the next piece, draw 2 circles, color them in, and write the number 2 above it. Continue through 5. Have him practice counting different items throughout the day!

### 3) Yes/No

- a. Have him practice shaking his head yes or no in response to a question you ask him. For example, if you know he really wants juice, ask him “Do you want milk?”. He will then need to shake his head no. Go on to ask him “Do you want juice?” and make him shake his head yes. You can also have him practice using his words.

### 4) Read through a book together.

- a. While reading, ask questions such as “Where’s the dog?”, “Find the car”. This will work on vocabulary words and attending to a story.

### 5) Get X+Y

- a. Have him practice getting two things at once. For example, if he wants cereal for breakfast, tell him, “get bowl and spoon”. You can do this during various activities throughout the day.

### 6) Fine Motor

- a. Opening packages (i.e. chips bags, juice boxes), cutting his own food, zipping up his coat

### 7) Exercise

- a. He has just started working on sit-ups. Other exercises we practice include: jumps, toe touches, modified squats, and marching in place.

8) Self Help

- a. Continue to work on brushing teeth, washing face, putting on deodorant, washing hands, etc.