

## J

### 1) Read through a book together.

- a. While reading, ask questions such as “Where’s the dog?”, “Find the car”. This will work on vocabulary words and attending to a story.

### 2) Counting

- a. Create simple counting jigs on pieces of paper. Draw a circle on one piece of paper and color it in. Write the number 1 above it. On the next piece, draw 2 circles. Write the number 2 above it. You can do this up to 10 and practice one to one correspondence using any manipulatives you can find at home.

### 3) Following simple 2 step directives

- a. Throughout the day, have him retrieve 2 items at a time. For instance, if he asks for chips, tell him “get plate and paper towel”.

### 4) Recall

- a. Have him use his device to tell you what he ate for breakfast, snack, lunch, dinner, etc. It does not have to be immediately following the mealtime. For instance, at 2:00pm you could ask him what he ate for breakfast.

### 5) Practice verbs

- a. If you go into any mealtime folder, you will see a button labeled “verbs”. You can have him use these at any point throughout the day (i.e. open, cut, pour). For example, if you are pouring him a cup of juice, before you actually pour it, say to him “What do I need to do?”

### 6) Exercises

- a. He has been working on clapping his hands above his head, marching his feet on the ground, and kicking one leg out at a time on a therapy ball. I’m sure you don’t have a therapy ball, but you can have him practice this while sitting on a chair. Other exercises he knows include: jumps, toe touches, squats.

### 7) Folding

- a. He has been working on folding washcloths and has been doing a really nice job. You can have him help you fold any laundry.
- b. Another goal is to turn his clothes from inside out, to right side out, so he can practice this while helping with laundry.

8) Self Help

- a. Continue to work on brushing teeth, washing face, putting on deodorant, washing hands, requesting for the bathroom, cutting his own food, etc.

9) Social

- a. He has been working on identifying his friends names in print (no photo attached). There is a folder in his device with all of his friends names. Write those on individual notecards and have him practice identifying the names. We have been highlighting the first letter of each name in a neon color to help him.