

I - Learning From Home

1. Working on matching functional objects:
 - Place 2-3 items on table in front of him and hand him an object, such as a cup. Tell him to feel that object as well as the other 2 objects. Tell him to “match” or “find same.” Help him feel the objects and retrieve the correct one.
 - Use objects such as plates, cups, bowls, toothbrush, toothpaste, diaper, shirt, socks, and pants.
2. Practice retrieving items during a cooking or art activity:
 - Place 2-3 objects in front of him and tell him to “get crayon” or “get spoon.”
3. Read favorite books or sing favorite songs:
 - Allow him to “fill in” a carrier phrase.
 - For example: read “Brown Bear” and allow him to say “see” and “me” versus you reading the whole sentence.
4. Work on counting 1 item by having him retrieve 1 item during the day:
 - Tell him to “get one cup” or “get one ball”
5. Provide him with 2-3 choices for food:
 - Have him feel/smell his choices and tell you what he wants.
 - Help him touch gently while you label the item and help him produce the sounds/number of syllables for his preferred choice.
6. Practice following directions:
 - Tell him to “open”, “stir”, “squeeze”, “scoop”, and “spread.”
 - Assist him with performing the action and comment on what he’s doing.
7. Practice requesting help by using the word or sign.
8. Implement a sensory diet/regulatory strategies at home.

9. Encourage independent work skills and on-task behaviors:
 - If possible, provide him with tasks he can do without help and encourage him to complete 2 of them while sitting at a table.
10. Encourage him to feed himself with a fork.
11. Practice imitation skills during the day through:
 - Music
 - Art
 - Cooking
 - Movement
12. Practice having him use 2 hands to zip his coat (after you engage the zipper).
13. Practice toothbrushing and face washing:
 - Have him feel the objects he needs and assist with completing the tasks.
 - Help him through the steps by physically touching, opening, and doing the task with him hand-over-hand.
14. Provide him with leisure choices and teach him to feel both objects and tell you what he wants to play with.