

L - Learning From Home

1. Continue to practice working on ability to sustain attention:
 - If possible, provide him with tasks/activities he can complete independently.
 - Ex: puzzles, matching shapes..
2. Have him help you retrieve an item he needs to complete a chore:
 - Retrieve vacuum to clean
 - Retrieve laundry basket to help with putting clothes in dryer/washer
 - Retrieve forks, spoons, bowls, and cups to set the table
3. Practice washing the table after meals.
4. Practice retrieving snack items from your cabinet:
 - Tell him to “get crackers” or “get chips” and help him retrieve the correct item versus what he may want to eat (use photos if you can).
5. Encourage him to tap or grab an adult to gain attention to ask for help, for a snack, for a toy, etc.
6. Practice following directions:
 - Tell him to “put in sink”, “put in laundry basket”, or “throw in garbage.”
7. Continue working on toileting.
 - He’s doing amazing with you at home!!
8. Continue working on toothbrushing.
9. Encourage to use both of his hands to carry items.
10. Help him use his fingers to open containers, food packages, snack packages, and juice containers/straws.

11. Work on participation and imitation skills:

- Play kickball, tee ball, or a relay race outside