

## Pre-Kindergarten Learning Menu #1

One of the most important parts of our day at school is center time where we play together! For each day choose one of the activities below to do with your child.

**Write the date in the box for the activity you choose for that day. There are also spaces at the bottom to create your own ideas!**

<p>Cook together- have your child help make lunch or a snack.</p> <p>_____</p>	<p>Create a fort using blankets, pillows, and other materials at home.</p> <p>_____</p>	<p>Do yoga! Use the attached cards, or Cosmic Kids youtube channel.</p> <p>_____</p>	<p>Go on a shape hunt by looking for shapes around the house.</p> <p>_____</p>
<p>Do a sink and float experiment. Fill a large bowl of water or the bathtub with water and drop different objects in to see if they sink or float.</p> <p>_____</p>	<p>Sort objects together (laundry, toys, silverware, shoes) think with your child about how the items are similar and group those items together.</p> <p>_____</p>	<p>Play Restaurant: set up a restaurant with real or pretend food. Take turns being the customer, chef, or server.</p> <p>_____</p>	<p>Have a "snowball" fight! Create snowballs using socks, paper, or other soft materials you can ball together.</p> <p>_____</p>
<p>Go on a letter hunt by looking for letters around the house! Start with letters in your child's name.</p> <p>_____</p>	<p>Paint with shaving cream. Put some shaving cream on a baking sheet or in the bathtub. Your child can create pictures or letters with their finger.</p> <p>_____</p>	<p>Play freeze dance. Play music for your child to dance to, pause the music and have them freeze until the music starts again.</p> <p>_____</p>	<p>Create an indoor obstacle course. Use things you have at home to create a path of things to go around, go under, and jump over.</p> <p>_____</p>
<p>Create ramps using blocks, books, boxes, or other flat materials you have. Experiment with different objects to see if they will roll down.</p> <p>_____</p>	<p>Make a book: take a few sheets of paper, fold in half, and staple together. Have your child create their own story on the pages.</p> <p>_____</p>	<p>Play Doctor: take turns being the doctor, nurse, and patient. No need to have medical toys- have your child think of what else they can use from around the house (eg. measuring cup with string= stethoscope!)</p> <p>_____</p>	<p>Create a collage. Have your child cut and paste different materials to create a collage. Use magazines, paper, dried pasta, and any other materials you have to tape or glue.</p> <p>_____</p>
<p>Create your own idea:</p> <p>_____</p>	<p>Create your own idea:</p> <p>_____</p>	<p>Create your own idea:</p> <p>_____</p>	<p>Create your own idea:</p> <p>_____</p>

## Pre-Kindergarten Learning Menu #2

Reading	Math	Sci/Social Studies	Writing	Specials
Have someone read a book to you. Talk about the story together.	Teach your stuffed animal, doll, or pet to count to 20.	Look outside and share what you see and hear.	Find two pictures or items in your house and explain how they are the same and different.	Move for 15 minutes. Turn on music and dance.
Pick your favorite letter of the alphabet and draw a picture of three things that begin with that letter.	Create simple patterns with sound, movements, and everyday objects, such as snap, clap; snap, clap; snap clap.	Observe the weather and draw what you see.	Find five familiar signs or symbols in the environment (i.e., McDonald's, Stop Sign)	Draw a picture or create something artistic with items from around your house.
Log into IStation and complete reading activities for 15 minutes.	Find 10 red items in your home. Pick a different color and do the same thing.	Put important objects (i.e., toys, foods) into categories and describe why they belong together.	Write your first name 5 times.	Help clean your bedroom or another part of your house.
Pick a letter sound of the day and ask your child to find objects in the home that begin with that sound. For example, "What words or objects begin with the sound made by the letter "T"?"	Pick 2 different objects. Compare their heights and weights (Use words like longer/shorter, heavier/lighter, taller/shorter). Complete task with 2 different objects.	Look outside and see if you can find animals that look the same and different.	Write as many letters of the alphabet as you can in 20 seconds.	Play a game (card, puzzle, board, etc.)
Teach your stuffed animal, doll, or pet the ABCs.	Log into IStation and complete math activities for 15 minutes.	Ask a family member to tell you about your family's traditions and customs.	Play I-Spy to find different objects inside or outside of your house and describe them to someone.	Play outside. Remember to be safe!
Practice rhyming by choosing a word and your child thinks of or finds a word that rhymes with it. For example: What word rhymes with cat? Hat. What word rhymes with man? Pan.	Make shapes (square, rectangle, oval, circle, and triangle) using household items (toothpicks, straws, spoons, crayons, legos, etc.), or play the game, "I see something you don't see and the color (or the shape) IS... "	At the end of the day, explain your day to someone else, using the words before and after.	Draw a picture of your favorite person and tell them why they are your favorite.	Design a musical rhythm or sing a song.