



**CHILDREN
& FAMILY
SUPPORT**

Family Support

Rugby



**CHILDREN
& FAMILY
CENTRE**

Rugby Early and Help and Targeted Support Team

You can call our **Duty Family Support Line** on 01926 412412 and press **option 2** for Rugby (except on bank holidays).

This will take you through to a **Family Support Worker Monday to Friday 9am-4pm.**

Children and Family Centres

Boughton-Leigh Children and Family Centre, Wetherall Way, Brownsover, Rugby, CV21 1LT
01788 570347

Claremont Children and Family Centre, Claremont Road, Rugby
CV21 3LU 01788 578488

Long Lawford Children and Family Centre, Holbrook Road, Long Lawford, Rugby, CV23 9AL- 01788 561313

Family Support Drop in's

Family support drop ins are available to all parents and young people 0-19 (25 if additional needs). These are held 3 times a week in the Barnardo's Children and Family centres.

Boughton Leigh Children and Family Centre on Mondays
9:30am-11:30am

Long Lawford Children and Family Centre on Tuesdays
1:30pm-3:30pm

Claremont Children and Family Centre Wednesdays 4pm-6pm

Health Numbers

Orchard Centre - 01788 551212

Health Visitors North-01788 555146

Health Visitors South- 01788 555147

IAPT- 02476 671090

Foodbanks

Rugby Methodist Church, Russelsheim Way, Rugby, CV22 7TB. Monday 12-2pm Wednesdays 1-3pm

Christ Church, Helvelyn Way, Brownsover, Rugby, CV21 1JF Fridays 10am-12pm and 130pm-330pm

Useful Numbers

Emergency Duty Team (out of hours children's social care)- 01926 886922

MASH- 01926 414144 (Monday to Thursday: 8.30am - 5.30pm Friday: 8.30am - 5pm)

Warwickshire Family Information Service - 01926 742274

Rugby Housing- 01788 533533

St Basils (housing support 16-25yr olds)- 02476 889571

Doorway (housing support)- 02476 345583

P3- (housing support)-01788 222827

Universal Credit line- 0800 328 5644

Citizen's Advice-01788 566 238

Samaritans- Call day or night 365 days a year on 116123 or text 07725909090