

Welcome to Lakewood Orthopaedics & Sports Medicine

The goal at LOSM is to offer the highest level of expertise and personal touch for all of your orthopaedic needs. We promise to provide top notch care using the most up to date technology. Our primary concern is the comfort and safety of our patients and thus our motto of

“A Whole New World of Care”.

We work with athletes of all levels but focus on youth sport, middle school, high school and college individuals. We understand the athletic mentality of the athlete, parent and coach. We believe in a commitment of total quality care and we go the extra mile to deliver on that premise. It is not just the injury, but the total athlete and person that we strive to treat. Our goal is to improve athletic performance and return athletes to play as soon as safely possible. We believe in developing true working partnerships with our athletic organizations or schools and will bend over backwards to help them if possible.

We are your orthopaedic team physicians.



Terry K. Gemas, MD



Nilpesh M. Patel, MD

Lakewood Orthopaedics & Sports Medicine was founded in 2005 by Dr. Terry K. Gemas. He and his partner Dr. Nilpesh M. Patel provide both surgical and non-surgical orthopaedic care for the Dallas/Ft. Worth area and accept patients of all ages. Our practice treats all forms of orthopaedic pathology including sports and work related injuries, as well as arthritic joint conditions. Dr. Gemas specializes in athletic injuries, cutting-edge arthroscopic and other minimally-invasive procedures, total joint replacement and general fracture care. Dr. Patel specializes in sports related upper extremity disorders including tendons, nerves and traumatic fractures. He uses the most current arthroscopic techniques for the elbow and wrist.

Lakewood Orthopaedics & Sports Medicine

1130 Beachview Road, Suite 100 Dallas, TX 75218

469-341-5676 office 469-341-5677 fax

losmdfw.com



Scan with smart phone to get

- Directions
- Hours
- Meet the Docs
- Full Website



web



the
DUNCANVILLE PANTHERS
are proud to announce that
**LAKEWOOD ORTHOPAEDICS
& SPORTS MEDICINE** has
joined the team as our
orthopaedic consultants



469-341-5676

If you need an appointment, just call the office or go to the website. We accept most insurance companies.

www.losmdfw.com

Panthers are VIP's in our office

We offer the following services:

- In-office evaluation and consultation for injuries
- Appointments within 24 hours of your call
- After-hours injury evaluation
- Saturday morning sport injury office visits by appointment
- 24-hour turn around on x-rays and MRI's
- Rehab prescription (coordinated with the DHS athletic trainers)
- On-site evaluation and consultation for injuries (Dr Gemas or Dr Patel will be on the sidelines for home football games.)
- Our relationship allows Emergency Room visits at Doctors Hospital to usually be completed in 2 hours.
- Most insurance accepted
- Presentations for your parent meetings, booster clubs, PTA's, etc.
- Assistance with medical care for special events within your organization

in an effort to enhance the athletic experience of Panther student-athletes.

Lakewood Orthopaedics & Sports Medicine

Our goal is to offer the highest level of expertise and personal touch for all of your orthopaedic athletic needs. We understand the interest of the athlete, parent and coach and it is our intent to have the athlete playing as soon after an injury as possible. Dr. Gemas is a former college football player, former team physician for University of Miami athletics, Tampa Bay Buccaneers and Dallas Fury. Dr. Patel has worked in athletics his entire professional career and was with University of Washington athletic program before joining us. Both are board certified and fellowship trained. The office staff also includes a seasoned athletic trainer, Dave Burton, with experience in the professional ranks, middle school and high school athletics. We are truly a sports medicine team.



Saturday Morning Office Visits

(this is for acute injuries ONLY)

Athletic Trainer or Coach calls Dave Burton to set up an appointment. This call is Friday night or early Sat. morning by 7 am.

- AT/Coach informs parent of time of appt.
- Parent brings school insurance & family primary insurance info to office along with photo ID
- LOSM gives athlete report form for them to give the DHS athletic trainer

THIS IS BY APPOINTMENT ONLY. NO WALK-IN'S.

HOW TO SCHEDULE AN APPOINTMENT

- Report injury to DHS athletic trainer
1. Athlete sees DHS athletic trainer (AT)
 2. AT talks with parent
 3. AT calls LOSM for the appointment
 4. AT informs parent of day & time of appointment
 5. Athlete & parent brings school insurance claim form & family primary insurance information to the office with them. Parent should also bring photo ID. Co-pays & deductibles are due at time of visit.
 6. LOSM will give athlete a report form to take back to DHS AT
- Parent makes appt. directly with LOSM
1. Parent calls LOSM for appointment
 2. LOSM gives parent day & time of appt.
 3. Follow # 5 & 6 above
 4. Athlete reports to DHS AT with report form

“A Whole New World of Care”