



WBTECC Daily Flexible Schedule

Good Morning, Boker Tov!

Breakfast

Morning Provocation

Art Exploration, Science Experiment, Sensory Activity

9:00am on Wednesdays: Torah Talk with Rabbi Eshel

9:00am on Fridays: Shabbat Story with Rabbi Joel

10:00am daily: Music with Jason Mesches

<https://www.youtube.com/c/jasonmeschesmusic>

<https://www.facebook.com/jasonmeschesmusic>

Feel free to add instruments and movement

Snack

Indoor Exploration/ Centers

Puzzles, Literacy, Drawing, Math, Art, Cooking

Clean Up

Lunch

Outdoor Exploration

Scooter, Bike, Nature Walk, Obstacle Course, Sports, Gardening

Naptime/ Quiet Time/ Yoga

Snack

Afternoon Provocation

Block Building, Dress-Up/ Dramatic Play, Floor Puzzles, Alphabet Games, Number Games

Dinner

Bathtime, Books & Bedtime, Laila Tov!