

# NSD FAMILY EDUCATION: DIGITAL CITIZENSHIP



*All Northshore staff believe in the importance of empowering students to engage with digital content and platforms to meet learning goals.*

*A critical element in leveraging technology for learning is the development of Digital Citizenship skills. A Digital Citizen is one who:*

- 1. Understands human, cultural and societal issues related to technology and practices legal and ethical behavior.*
- 2. Advocates and practices safe, legal and responsible use of information and technology.*
- 3. Exhibits a positive attitude toward using technology that supports collaboration, learning, and productivity.*
- 4. Demonstrates personal responsibility for lifelong learning.*
- 5. Exhibits leadership for digital citizenship.*

**Get more resources:** <http://go.nsd.org/familytech>

**Find app reviews and articles:**

<https://www.common sense media.org/>

TALK  
ABOUT TECH  
WITH YOUR KIDS

Be sure that you are familiar with our district's **Responsible Use Procedure**, which provides guidance on the use of technology resources at school! <http://go.nsd.org/digcit>

All students have access to email and collaborative services. Visit [gapps.nsd.org](http://gapps.nsd.org) and login with your student's username and password to see their great work! Better yet, let them show you!

## DIGITAL CITIZENSHIP CURRICULUM

### DID YOU KNOW?

All NSD students receive instruction in elements of Digital Citizenship. This curriculum is published by Common Sense Media and can be freely accessed on the web.



NORTHSHORE INSTRUCTIONAL TECHNOLOGY 2019



# NSD FAMILY EDUCATION: SAFETY AND SUPPORT

## ALL WEB SERVICES USED BY TEACHERS REQUIRE A REVIEW BEFORE USE WITH STUDENTS.

*This includes a review of the Privacy Policies and Terms of Use. Student data security is a priority in Northshore.*

## ALL STUDENT DOCUMENTS AND EMAILS ARE MONITORED FOR SAFETY AND SUPPORT OF STUDENTS' HEALTH.

*When issues around misuse or possible self harm or threats are identified, the school Administrators are engaged immediately.*

## ALL WEB TRAFFIC IS FILTERED TO PREVENT EXPOSURE TO INAPPROPRIATE CONTENT.

*Our web filter is set to be more stringent at Elementary and less so at Secondary campuses. All levels are filtered to prevent exposure to pornography by Federal Law.*

## Kids & Tech: Tips for Parents in the Digital Age

*Read the full article here: <http://bit.ly/2UFfONQ>*

Media and digital devices are an integral part of our world today. The benefits of these devices, if used moderately and appropriately, can be great. But, research has shown that face-to-face time with family, friends, and teachers plays a pivotal and even more important role in promoting children's learning and healthy development. Keep the face-to-face up front, and don't let it get lost behind a stream of media and tech. Here's a summary of the recommendations from the American Academy of Pediatrics:

- Make a family media use plan and discuss it as a family.
- Treat media just like any other environment in your child's life - know what they're doing, where the safety measures are, and what activities they're engaging in.
- Set limits and encourage playtime.
- Screen time shouldn't always be alone time.
- Be a good role model - monitor your own use of media.
- Limit digital media for the youngest family members.
- Create tech-free zones in your home. (mealtimes, bedroom, etc)
- Don't use technology as an emotional pacifier.
- Do your homework on apps for kids - use tools like the ones at **CommonSenseMedia** to evaluate the apps your kids are using.
- Know that it is OK for your teen to be online. It's part of typical adolescent development.
- Warn children about the importance of privacy and the dangers of predators and sexting.

