

**STRANDS** 

Desserts & Baked Goods

Workplace Safety

Standardized Recipes

Management Essentials

Nutrition

Controlling Foodservice Costs

Purchasing and Inventory

Meat, Poulty, & Seafood Prep

Menu Concepts

Proper Sanitation Techniques



## PROSTART 1 & 2



The ProStart program is associated with the National Restaurant Association Educational Foundation that introduces students to career opportunities in the restaurant and foodservice industry and provides them with foundational skills in culinary arts and restaurant management. In ProStart 2 teachers will review safety, sanitation and kitchen essentials with their students.



## CAREER PATHWAYS

Baker / Pastry Chef **Executive Chef** Restaurant Owner / Manager



## REQUIREMENTS

Year-long courses for Juniors and Seniors.



## LOCATIONS

All high schools have access to take ProStart 1 & 2



Talk to your high school CTE Coordinator



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