

CITYWIDE GUIDE TO FOOD & ASSISTANCE



Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

ABOUT

THIS GUIDE WAS PRODUCED BY HUNGER FREE NYC TO CONNECT THOSE IN NEED WITH FREE COMMUNITY RESOURCES.

WE HOPE IT PROVES USEFUL TO YOU.

INFORMATION IN THIS GUIDE IS ALSO AVAILABLE ON THE "GOTFOOD?" APP

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.

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FREE
NYC**

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SNAP/ FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?




➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 32.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependent care, can have higher incomes and still be eligible.

 NUMBER OF PEOPLE IN HOUSEHOLD	 MONTHLY INCOME LIMIT (PRE-TAXES) ¹	 MAX. MONTHLY SNAP BENEFITS ²
1	\$1,316	\$192
2	\$1,784	\$353
3	\$2,252	\$505
4	\$2,720	\$642
Each additional household member	+\$468 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/18 - 9/30/19.	² In effect 10/1/18 - 9/30/19.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

SNAP/FOOD STAMPS

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ For questions about how receiving SNAP or other benefits may affect immigration status, please call the NYS New Americans hotline at 800.566.7636

HOW TO APPLY

1 Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC
646-836-9177 & 646-350-1104

2 ACCESSNYC

Apply online at:
www.nyc.gov/accessnyc

3 Visit Your Local HRA Office

Apply at a SNAP office near you:

BRONX

1 Crotona SNAP Center
1910 Monterey Ave., 5th Floor, 10457
929 252 7436
Mon-Fri 8:30am-5pm

2 Concourse SNAP Center
1375 Jerome Ave., 2nd Floor, 10452
929 252 8998
Mon-Fri 8:30am-6pm

3 Hunts Point SNAP Center
845 Barretto St., Level B, 10474
929 252 4445
Mon-Fri 8:30am-5pm (Work Requirements only 8:30am to 9am)

MANHATTAN

4 Washington Heights SNAP Center
4055 10th Ave., Lower Level, 10034
212 569 9835
Mon-Fri 8:30am-5pm

5 East End SNAP Center
2322 Third Ave 3rd FL., 10035
212 860 5147
Mon-Fri 8:30am - 5pm

6 Waverly SNAP Center
12 W. 14 St., 4th Floor, 10011
212 352 2524
Mon-Fri 8:30am-6pm, Sat 9am-5pm

SNAP/FOOD STAMPS

BROOKLYN

7 Williamsburg SNAP Center
30 Thornton St., 4th Floor, 11206
212 331 4314
Mon-Fri 8:30am-5pm

8 Coney Island SNAP Center
2857-2865 W. 8 St., 1st Floor, 11224
929 221 3537
Mon-Fri 8:30am -5pm

QUEENS

9 Queens SNAP Center
32-20 Northern Blvd., 2nd Floor (entrance on Honeywell St.), 11101
718 784 6315
Mon-Fri 8:30am-5pm

10 Jamaica SNAP Center
165-08 88th Ave., 3rd Floor, 11432
929 252 3713
Mon-Fri 8:30am-6pm

11 Rockaway SNAP Center
219 Beach 59 St., 1st Floor, 11692
718 637 2750
Mon-Fri 8:30am-5pm

STATEN ISLAND

12 Richmond SNAP Center
201 Bay St. 2nd Floor, 10301
718 390 6994
Mon-Fri 8:30am-6pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- WIC is for low-income pregnant women, breast-feeding women, and women with children up to the age of five.
- You can work and still get WIC.
- You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- You can get WIC even if you are undocumented or not a citizen.
- WIC is not considered a public charge. Receiving WIC will not affect your immigration status.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

BRONX

- 13 Lincoln Medical & Mental Health Center**
234 E. 149 St., 10451
718 579 5397
Mon 8:30am-7pm, **Tue-Fri** 8:30am-5:45pm, **Sat** 8:30am-4:30pm
- 14 Morris Heights Health Center**
85 W. Burnside Ave, 10453
718 716 4400
Mon 8:30am-8pm, **Tue** 8am-5pm, **Wed** 8:30am-7:30pm, **Thu** 8:30am-7pm, **Fri** 8:30am-5pm, **Sat** 9:30am-2pm
- 15 Montefiore Medical Center - Fordham Plaza WIC**
1 Fordham Plaza, 5th floor, 10458
718 405 4066
Mon-Wed, Fri 8am-4pm, **Thu** 9am-5pm all by appt. only

- 25 William F. Ryan - NENA Community Health Center WIC**
279 E. 3rd Street, 10009
212 477 8846
Mon, Tue, Wed, Fri 9am-5pm, **Thu** 9am-7pm
- 26 New York Presbyterian Lower Manhattan WIC - Chinatown**
244 Grand St, 4th FL, 10002
646 588 2646
Mon-Fri 8am-5pm, **2nd Sat** 9am-4:30pm

BROOKLYN

- 27 Northern Brooklyn Health Network - Woodhull Medical Center**
760 Broadway, 11206
718 963 8559
Mon, Wed, Fri 8am-5pm; **Tue, Thu** 8am-7pm; **1st, 3rd Sat** 8:30am-3:30pm
- 28 Wyckoff Heights Medical Center**
316A Himrod St., Suite 1, 11237
718 963 6471
Mon, Wed, Fri 8:30am-4:30pm; **Tue, Thu** 8:30am-7pm
- 29 North Brooklyn Health Network at Cumberland**
100 North Portland Ave., 11205
718 260 7676
Mon-Fri 8am-4pm, **Wed** until 7pm by appt.
- 30 Bedford Stuyvesant FHC WIC Program**
20 New York Ave, 1st FL, 11216
718 857 4423
Mon, Thu 9am-7pm; **Tue** 9am-5pm; **Wed** 8am-5pm; **Fri** 9am-3pm. **Sat** by appt. only
- 31 Brooklyn Hospital Center - Bedford Stuyvesant**
1606 Fulton St., 11213
718 773 4126
Mon, Wed 9am-5pm; **Tue, Thu** 9am-7pm; **Fri** 8:30am-4pm; **Sat** 9am-4pm (except 5th Sat)
- 32 NYU Lutheran - Park Slope WIC**
220 13th St., 11215
718 832 5986
Mon-Wed, Fri 9am-5pm; **Thu** 10am-6pm
- 33 Jamaica Hospital - MediSys East New York**
3080 Atlantic Ave., 11208
718 687 1074
Mon-Fri 8am-4:30pm, **Sat** 7:30am-2pm

- 16 Urban Health Plan - Bronx WIC**
1070 Southern Blvd., 10459
718 589 4776
Mon 9am-5 pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu** 7:30am-5pm, **Fri** 9am-3pm, **Sat** 8:30am-1pm
- 17 Montefiore Medical Center - Westchester Square WIC**
22 Westchester Square, 10461
718 829 4401
Mon, Tue, Thu, Fri 8am-4pm; **Wed** 9am-5pm all by appt. only
- 18 Montefiore New Rochelle - White Plains WIC**
3401 White Plains Road, 10467
718 547 6345
Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

MANHATTAN

- 19 New York Presbyterian Hospital - Nagle Avenue WIC**
68 Nagle Ave., 1st Floor, 10040
212 304 4723
Mon-Fri 8am-4:30pm; **2nd, 4th Sat** 8am-4pm
- 20 Harlem Hospital Center WIC-Center for Problems of Living**
1727 Amsterdam Ave., 10031
212 926 3273
Mon-Fri 9:30am-3pm; **2nd, 4th Tue** 11am-6:30pm
- 21 Bellevue - Metropolitan Hospital WIC**
1901 1 Ave., Rm 1D31, 10029
212 423 7395
Mon, Tue, Thu, Fri 8am-5pm; **Wed** 8:30am-6pm; **Sat** 8:30am-3:30pm by appt. only
- 22 William F. Ryan Community Health Center WIC**
801 Amsterdam Ave, 2nd Floor, 10025
212 865 0410
Mon 6am-6:30pm; **Tue-Fri** 9am-5pm
- 23 Mt. Sinai Health System WIC Program- Roosevelt**
515 W. 59 St., 2nd Floor, 10019
212 523 6539
Mon, Wed, Thu 9am-5pm; **Tue** 9am-7pm; **Fri** 9am-4pm
- 24 Bellevue - East Side WIC**
462 1 Ave., Ground Floor, 10016
212 562 6124
Mon, Wed, Fri 8:30am-5pm; **Tue, Thu** 8:30am-6pm, **2nd Sat** 8am-3:30pm by appt. only

- 34 Maimonides Medical Center WIC**
5613 Fort Hamilton Parkway, 11219
718 854 3190
Mon, Wed, Thu 7:45am-4:45pm; **Tue** 7:45am-7pm; **Fri** 8am-2pm; **3rd Sun** 9am-1pm
- 35 Brooklyn Hospital Center - Coney Island**
485 Coney Island Ave., 11218
718 282 8904
Mon, Wed 11am-6:30pm; **Tue, Thu** 9am-4:30pm; **Fri** 8:30am-4:30pm
- 36 Kings County Hospital Center WIC Office**
451 Clarkson Ave. T Building, Room 153, 11203
718 245 3123
Mon, Tue, Thu 8am-5:30pm; **Wed** 8am-7pm (last appt. at 3:45pm); **Fri** 8am-5pm (last appt. at 2pm)
- 37 Yeled v'Yalda Early Childhood Center (Farragut Rd)**
6002 Farragut Rd., 11236
718 943 8812
Tue, Wed 10am-5pm
- 38 Coney Island Hospital WIC Program**
2601 Ocean Pkwy, Room 1N1, 11235
718 616 4338
Mon-Fri 8am-7pm; **Sat** 9am-4pm

QUEENS

- 39 Public Health Solutions Astoria WIC Center**
12-26 31st Avenue, 11106
718 726 5816
Mon-Sat 8:30am-4pm
- 40 Elmhurst Hospital Center**
81-06 Baxter Ave., 11373
718 334 3265
Mon 8am-4:30pm, **Tue** 10am-6pm, **Wed** 8-4:30pm, **Thu** 10-6pm, **Fri** 8-4:30. **Mon, Wed, Fri:** last appt. 3:30pm; **Tue, Thu:** last appt. 5pm
- 41 Public Health Solutions Corona WIC Center**
103-24 Roosevelt Ave., 3rd Floor, 11368
718 335 7563
Mon 11am - 6:30pm; **Tue-Sat** 8:30am - 4pm
- 42 Flushing Hospital Medical Center**
45 Ave. at Parsons Blvd., 5th FL, 11355
718 670 5277
Mon-Fri 8:30am-5pm

43 Public Health Solutions Ridgewood WIC Center

55-05 Myrtle Ave., 3rd FL, 11385
718 381 8343

Mon 11am-6:30pm; **Tue-Sat** 8:30am-4pm

44 Jamaica Hospital

134-20 Jamaica Ave, 11418
718 206 8600

Mon-Fri 7:30am-5:30pm, Wed open until 7pm, **every other Sat** 8am-3pm

45 Queens Hospital Center - South Jamaica WIC

114-02 Guy R. Brewer Blvd., 11434
718 883 6630

Mon, Wed-Fri 8am-5pm; **Tue** 8am-7:30pm; **every other Sat** 8:30am-3:30pm

46 Joseph P. Addabbo Community Health Center

1288 Central Ave., 11691
718 945 7150

Mon 8am-6pm, **Tue-Fri** 8am-5pm, **Sat** 8:30am-2pm, **Sun** 12pm-5pm

47 Joseph P. Addabbo Community Health Center - Beach Channel Dr.

6200 Beach Channel Dr., 11692
718 945 7150

Mon, Tue, Thu, Fri 8am-5pm; **Wed** 8am-6pm; **Sat** 8:30am-2pm

STATEN ISLAND**48 Richmond University Medical Center**

444 St Marks Place, 3rd Floor, 10301
718 818 2373

Mon, Wed, Thu 8:30am - 5pm; **Tue** 8:30am-6:30pm; **Fri** 8:30am-4:30pm; **Sat** 8:30am-3:30pm

49 Richmond University Medical Center- Mid-Island WIC

1775 Richmond Ave., 10314
718 818 2372

Wed 9:30am-1:30pm

50 Staten Island University WIC Program - North Site

242 Mason Ave, 10305
718 226 6270

Mon 8am-5pm, **Alternate Mon** 8am-6pm, **Tue-Thu** 8am-5pm, **3rd Sat** 9am-3pm

51 Staten Island University Hospital South WIC Program

375 Sequine Ave, 10309
718 226 2461

Wed 8:30am-3:30pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- Many public school students are also eligible for free or reduced price lunch. An application may be required.
- Eligibility for school meals is not impacted by immigration status.
- In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.

**SENIOR MEALS****MEALS AT SENIOR CENTERS**

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with ● in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.

**SOUP KITCHENS****FOOD PANTRIES**

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

BRONX**52 Salvation Army Bronx Citadel**

425 E. 159th St., 10451
718 665 8472

Soup Kitchen: Mon, Wed, Fri 1pm-2pm;

Food Pantry: Tue 10am-1pm; ID and proof of address required to register for pantry, by appointment only. Must live in 10451, 10452, 10454-10456, 10459, 10465, 10472-10474.

53 United Bronx Parents Soup Kitchen

1006 East 151st St., 10455
718 991 7100

Soup Kitchen: Mon-Fri 10am-4pm;

Food Pantry: Wed, Fri 10am-12pm. First come, first served.

- 54 The Momentum Project at Church of God of Prophecy**
85 East 165th St at Gerard & Walton Aves, 10452
212 691 8100
Soup Kitchen: Wed 11:30am-1pm, 3:30pm-5:30pm. Dinner clients must complete intake at 2:30pm.
- 55 Davidson Community Center**
2038 Davidson Ave., 10453
718 731 6360
Food Pantry: Wed 10am-12pm
- 56 New Covenant Community Development Corporation**
1175 Boston Road, 10456
718 328 6072 x119
Food Pantry: Tue 4pm-6pm, **Thu** 10am-1pm. ID required for registration.
- 57 Vineyard Food Pantry**
1140 Teller Avenue, 10456
718 865 4011
Food Pantry: Sat 10am-12pm, Photo ID required
- 58 St. Anthony Catholic Church**
1496 Commonwealth Ave., 10460
718 931 4040
Soup Kitchen: Sat 11am-2pm (hot meal). Only has soup kitchen, no food pantry.
- 59 Grace Episcopal Church**
1909 Vyse Ave., 10460
718 542 1946
Soup Kitchen: Tue, Sat 12pm-1:30pm.
Food Pantry: Thu 9am-1pm. ID required for pantry.
- 60 The Love Kitchen of St. Peter's Church - Westchester Square**
2500 Westchester Ave, 10461
718 931 9270
Soup Kitchen: Thu 12pm-1:30pm;
Food Pantry: 1st, 3rd Tue 10am-12pm; Bring cart for pantry.

- 65 Jewish Community Council of Washington Heights - Inwood**
121 Bennett Ave. #11A, 10033
212 568 5450
Food Pantry: Tue-Thu 11am - 1pm; Photo ID and proof of address required, clients must live in Inwood-Washington Heights. New clients must register between 12:30pm-1pm on Tue, Wed, or Thu. Each family unit can receive one food package per month. Kosher.
- 66 Community League of the Heights**
508 W. 159th St., 10032
212 795 4779
Food Pantry: Wed, Sat 9am-11am; Picture ID required; can come once per week. Must be registered with the community center and can book appointments Tue and Thu.
- 67 St. Mary's Episcopal Church**
521 West 126 Street, 10027
212 864 4013
Food Pantry: Mon 4pm-6pm; Photo ID and proof of address required.
Mobile Soup Kitchen: Sat 2pm-3pm, typical stops include 125th St under Metro North station and Marcus Garvey Park.
- 68 Mt. Olivet Baptist Church Community Meals Program**
201 Lenox Ave, 10027
212 864 1155
Soup Kitchen: Mon 12:30pm-1:30pm;
Food Pantry: Tue, Wed 10:30am-11:30am, line up at 9:30am.
- 69 Salvation Army Manhattan Citadel**
145 E. 125th St., 10035
212 860 3200
Soup Kitchen: Mon-Fri 1pm;
Food Pantry: Mon-Fri 9am-4pm

- 61 Part of the Solution (POTS)**
2759 Webster Avenue, 2nd Fl, 10458
718 220 4892
Soup Kitchen/Dining Room: Mon-Sun 12:30pm-3:30pm;
Food Pantry: Mon-Sat 9am-12pm, or **Sat** 3:30pm-5:30pm to "shop" (free) in the Food Pantry.
Food Pantry services are available on a monthly basis to households in the following zip codes: 10453, 10457, 10458, 10460, 10463, 10467, and 10468. If you missed your appointment, come any other day during the times listed above. Showers Mon-Fri 8:30am-10:45am; Haircuts Tue, Thu 8am; Mail Mon-Fri 12:30pm-4pm; Clothing: Mon, Wed, Fri. Legal Clinic Intake: Mon, Thu, Fri 9am-11:30am; Case management Mon, Tue, Thu, Fri, Sat 9am - 3pm.
- 62 Momentum Project at Trinity Baptist Church**
808 East 224th St, 10466
718 231 3639
Soup Kitchen and Food Pantry: Fri 12pm-3pm. Please bring ID.

- 63 Black Forum of CO-OP City Emergency Food Pantry**
920 Baychester Ave, Bronx, NY 10475
718 320 8035
Food Pantry: Tue, Thu, Fri 10am-12pm; **Thu** 5:30pm- 7:00pm (until 9/12/19). Serves residents of 10475. Photo ID with address required. Will offer non 10475 residents a one-time only food supply and a referral to a food pantry nearest to them. Please bring 2 clean grocery bags & shopping cart to carry heavy items.

UPPER MANHATTAN (NORTH OF 59TH ST)

- 64 New York City Love Kitchen**
3816 9th Ave., 10034
212 942 4204
Soup Kitchen: Mon-Fri 4:30pm - 6:30pm;
Food Pantry: 1st, 2nd, 3rd Thu 2pm-3pm; Photo ID and proof of address required for pantry registration. Entrance is at the corner of 204th and 9th Ave.

- 70 Little Sisters of the Assumption Family Health Service**
333 E. 115th Street, 10029
646 672 5200
Food Pantry: Tue 9:30am-11:30am, **Wed** 9:30am-11:30am, 1:30pm-3:30pm. Clients can come once a month. New registrations need to arrive half an hour before the end of the food pantry shift. ID, proof of address in 10029 or 10035, and proof of household composition required. Parenting and early childhood development program, nursing, environmental health, SNAP assistance, Immigration consultations, and preventive services available.
- **71 New York Common Pantry**
8 E. 109 St., 10029
917 720 9710
Soup Kitchen: Mon-Fri 8am-9:30am, **Mon, Wed, Fri** 4:30pm-6pm;
Food Pantry: Client choice digital pantry; sign up to order **Mon-Sat** 9am-6pm, **Sun and holidays** 2pm-6pm. NY Common Pantry also provides CSFP for Seniors; Visit website for more info: <http://nycommonpantry.org/what-we-do/programs/>. ID for all household members and proof of need required for intake.
- 72 Unitarian Church of All Souls**
1157 Lexington Ave., 10075
212 628 8568
Soup Kitchen: Mon 7pm-8pm, **Fri** 12pm-1pm. Entrance for Fri meal around corner at 160 E. 80th St. Provide referrals for clothing and other services.
- 73 Broadway Community**
601 W 114th St, 10025
212 864 6100 X128
Soup Kitchen: Mon, Wed, Fri 10am-2pm;
Food Pantry: Mon 3pm-4pm, Produce Pantry, no referral required.
Supermarket Pantry every 4th Sat 1pm-3pm. **Emergency Pantry Mon, Wed** 4pm (referral required - see Hakim for referral Mon, Wed 10:30am-1:30pm, can come once/month). Showers, medical services, social services referrals, advocacy, and culinary training available.

74 West Side Campaign Against Hunger

263 West 86th Street, 10024

212 362 3662 x123

Food Pantry: **Mon** 8am-12pm, 1pm-6:30pm, **Wed-Fri** 8am-12pm, 1pm-3pm. New customers required to bring Photo ID and Proof of Address for every household member. Customers can shop once per month.

75 National Council of Jewish Women

241 West 72nd Street, 10023

212 687 5030

Soup Kitchen: **Wed** 4:30pm-5:30pm, **Sun** 11:30am-12:30pm;

Food Pantry: **Mon** 9:30am - 2pm. Photo ID and proof of address for all household members required first time.

76 The Brown Bag Program at Christ & St. Stephen's Church

120 W. 69th St., 10023

212 580 8179

Brown Bag Program: **Mon-Fri** 9:30am-10:30am, Including all holidays.

LOWER MANHATTAN (SOUTH OF 59TH ST)**77 Crossroads Community Services at St. Bartholomew's Church**

108 E. 51st Street, 10022

212 378 0229

Soup Kitchen: **Mon-Sun** 5:30pm-6:30pm; **Sun, Mon, Wed** 7am-8:30am; **Sat** 9:30am-11am;

Food Pantry: **Thu** 10am-2pm; For pantry can come once/month, ap-
pointment required, call to make appt. Walk-ins can arrive at 12:30pm.

78 St. Clements Food Pantry

423 W. 46th St., 10036

212 246 7277 x22

Food Pantry: **Fri** 4pm-6pm (except the first Fri of the month), **Sat** (ex-
cept 1st Sat) 9:30am-11:30am. ID required first time to register.

79 Sylvia Rivera Food Pantry

446 W. 36th St., 10018

212 629 7440

Food Pantry: **Thu** 9am-10am (groceries); **Tue-Fri** 1pm-3pm; **Tue-Fri**
10am-3pm emergency pantry. Bring your own bag for pantry.

Neighborhood Guide to Food and Assistance - New York Edition

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85 Trinity Church Brown Bag

209 Broadway, 10007

646 216 6413

Soup Kitchen: **Sun** 2-2:30pm, **Mon-Sat** 12:45pm-1:15pm. Brown bag
lunch. Please arrive early, lunch is distributed on time.

UPPER BROOKLYN (NORTH FROM PROSPECT PARK/LINDEN BLVD.)**86 Greenpoint Reformed Church**

136 Milton St., 11222

718 383 5941

Soup Kitchen: **Wed** 6pm-7pm;

Food Pantry: **Thu** 4pm-7pm. ID required for initial sign up at pantry.

87 Southside United HDPC (Los Sures)

145 South 3rd Street, 11211

718 599 1940

Food Pantry: **Tue** 9am-12pm, **Wed** 4-6pm.

ID required, can come once a month. Social services also available
(case management, benefits access, housing, immigration, taxes,
general support).

88 St. Stephen Outreach

874 Myrtle Ave., 11206

718 384 5975

Soup Kitchen: **Wed-Fri** 11am-1pm;

Food Pantry: **Wed, Fri** 9am-10:30am; Photo ID, proof of address, and
proof of household required for pantry registration.

89 CHIPS - Park Slope Christian Help

200 4th Ave., 11217

718 237 2962

Soup Kitchen: **Mon-Fri** 9am-11am (breakfast to go); **Mon-Sat** 11:30am-
1pm (hot lunch); **Mon-Fri** 1pm - 4pm (bag lunch);

Food Pantry: **Fri** 11:30am-1pm

90 Hope City Empowerment Center

650 Washington Ave., 11238

718 857 5698

Soup Kitchen: **Tue, Thu, Fri** 12:30pm-1:30pm; **Sat** 9am-11am.

Food Pantry: **Every other Fri** 9am-11am. Call first to check dates.

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80 Grand Central Neighborhood Social Services Corp

120 E. 32nd St., 10016

212 883 0680 x101 or 122

Soup Kitchen: **Mon-Sun** 6am-7am, 12pm-1:15pm, 4pm-5:30pm.

81 Holy Apostles Soup Kitchen

296 9th Ave., 10001

212 924 0167

Soup Kitchen: **Mon-Fri** 10:30am-12:30pm

Social Services Office open during Soup Kitchen Hours. Services
offered: Mail, Phone, Free Hair Cuts Referrals, Toiletries, SNAP En-
rollment, Benefit Enrollment Computer Lab M,W,F 12:30pm- 2:30pm
Computer Skill Training and Resume Training, Employment Search
Brown Bag Lunch Program M-F Delivered to Community Partners,
Backpack Pantry Program Fris 3:00pm., Sun Supper 3rd Sun of the
Month Intergenerational Family Style Dinner 3:00 pm.

82 Salvation Army New York Temple

132 West 14th St., 10011

212 337 7469

Soup Kitchen: **Mon-Thu** 12pm-1pm;

Food Pantry: **Mon-Fri** 9:30am-11am, 1:30pm-3pm. Food pantry requires
ID and proof of address in 10002-10007, 10009-10014, 10038, 10041,
10047, or 10048 at first visit. Please call 212-337-7469 for an appt.

83 Trinity's Services and Food for the Homeless

602 E 9th St., 10009

212 228 5254

Soup Kitchen: **Mon-Fri** 11am-12pm;

Food Pantry: **Mon-Fri** 12:30pm-1:30pm. ID for all household members
required for pantry. Pantry is client choice, may be received once a
calendar month. www.safhnyc.org

84 The Bowery Mission

227 Bowery, 10002

212 674 3456

Soup Kitchen: **Everyday** breakfast 8am - 9am, lunch 1pm - 2pm, din-
ner 6pm - 7pm.

Food Pantry: **Mon-Fri** 9am - 11am. Other social services provided.

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91 Family Life Development Center

1476 Bedford Ave., 11216

718 636 4938

Food Pantry: **Mon** 8am-6pm.

Must come with ID for ticket distribution - first 150 get bags. Addi-
tional 50 available afterwards on first come, first served basis.

92 St. John's Bread and Life

795 Lexington Avenue, 11221

718 574 0058 x240

Soup Kitchen: **Mon-Fri** 8am-12:30pm;

Food Pantry: **Mon-Fri** 8am-12:30pm; **Tue, Thu** 3pm-6:30; Client choice
pantry. ID required for registration. Produce market is also available
during Tue-Thu hours

93 The Campaign Against Hunger

2010 Fulton St., 11233

718 773 3551

Food Pantry: **Mon, Thu** 10am-3pm; **Tue, Wed, Fri** 10am-6pm.
ID required.

94 Salvation Army Brownsville Corps

280 Riverdale Avenue, 11212

718 345 7050 x4026

Food Pantry: **Mon-Thu** 9am-12pm, 1:30pm-4pm. **Fri** by appointment.
Photo ID, proof of address and proof of income required to register.

95 Family Service Network of New York (FSNNY) Food Pantry

1420 Bushwick Ave., 11207

718 455 6010 x6148

Food Pantry: **Mon, Wed** 9am-1pm.

First visit, bring ID, and ID of other family members who participate
in the program. Subsequent visits a pantry card is required showing
the day for the upcoming appointment. Clients can only come once a
month unless an emergency pantry kit is needed.

96 East New York Wesleyan Church/New Hope Family Worship Center

817 Livonia Ave., 11207

718 342 1305

Soup Kitchen: **Mon** 10am-12pm, **Tue-Fri** 12:30pm-1:30pm

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LOWER BROOKLYN (SOUTH OF PROSPECT PARK/LINDEN BLVD.)

97 Salvation Army Sunset Park Corp.

520 50th St., 11220
718 438 1771

Soup Kitchen: Mon-Fri 12pm-1pm.

Food Pantry: Tue 10am-12pm, Fri emergencies only. For pantry only: Appointment necessary, call or visit office Mon-Fri 9am-5pm first to make appointment. ID and proof of residence in 11215, 11218-11220, 11231, 11232 required. No requirements for soup kitchen.

98 Masbia of Boro Park

5402 New Utrecht Ave., 11219
866 962 7242

Soup Kitchen: Sun-Thu 6:30pm-8pm

99 Salvation Army Bay Ridge

252 86th Street, 11209
718 238 2991

Food Pantry: Mon-Thu 8:30am-3:30pm by appointment.

Photo ID and proof of address required for all household members.

100 Reaching Out Community Services Inc.

7708 New Utrecht Ave., 11214
718 373 4565

Food Pantry: Mon, Tue, Thu 9am-4pm; Wed 9am-6pm; Fri 9am-4pm.

Digital pantry; must register first with proof of address. SNAP assistance available - to apply bring photo ID, benefits card, and utility bill (any kind). Call first for appointment, 718-373-4565 ext 101.

101 Masbia of Flatbush

1372 Coney Island Ave., 11230
718 972 4446

Soup Kitchen: Sun-Thu 3pm-7:30pm.

Food Pantry: Fri 7am-11am (Emergency grocery bags). Kosher.

102 Christian Fellowship S.D.A. Church

777 Schenectady Avenue, 11203
917 678 9669

Soup Kitchen: Mon-Wed 5pm-6pm;

Food Pantry: Wed 10am-12pm

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PANTRIES & KITCHENS

109 Hour Children Food Pantry

36-11 12th St. between 36th & 37th Ave., 11106
718 482 8226

Food Pantry: Mon 2pm-4pm, Tue 10:30am-12:30pm, Thu 3pm-5pm.

Call before going. Photo ID and proof of address required first visit. Bring your own bag.

110 Corona SDA Church

35-30 103rd St., 11368
718 429 7050

Soup Kitchen: Sun 12pm-2pm;

Food Pantry: Mon 9am-11am

111 New Life Food & Clothing Pantry

82-10 Queens Blvd, 11373
718 424 0122

Food Pantry: Tue 6pm-8pm, Sat 10am-12pm.

Soup Kitchen: Tue 6pm-8pm, Thu (for homeless meals only) 6pm-7pm, Sat 10am-12pm.

Photo ID required. Soup Kitchen for homeless. Inside New Life Fellowship Church, located in Old Elks Club.

112 La Jornada

135-32 38th Ave., 11354
917 880 5693

Food Pantry: Sat 9am-11am except 4th Sat of the month;

Soup Kitchen: Sat 11am-1pm. ID required after first visit.

113 Queens Jewish Community Council

119-45 Union Turnpike, 11375
718 544 9033

Food Pantry: Mon-Thu 11am-2pm.

Photo ID preferred. Food is kosher.

114 Masbia of Rego Park

98-08 Queens Blvd., 11374
718 972 4446

Soup Kitchen: Sun-Thu 2pm-5pm, dinner to go.

Food Pantry: Fri 7am-11am. Meals are Kosher.

PANTRIES & KITCHENS

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103 Salt and Sea Mission

2417 Stillwell Ave., 11223
917 873 9261

Food Pantry: Tue, Thu 12pm-2pm.

ID and proof of residence required.

104 Kings Bay YM-YWHA, Inc.

3495 Nostrand Ave., 11229
718 648 7703

Food Pantry: Mon-Fri 9am-5pm.

Proof of address for all household members required.

105 Shorefront Jewish Community Council

128 Brighton Beach Avenue, 4th floor, 11235
718 743 0575

Food Pantry: Mon-Thu 9am-5pm, Fri 9am-2pm.

Food is kosher.

WESTERN QUEENS

106 St. Raphael's Food Pantry

35-20 Greenpoint Ave., Rectory basement, 11101
718 729 8957

Food Pantry: Thu 10:30am-12pm, Sat 1:30pm-3pm. Picture ID required first time. Provides dry food only. Can only come twice/month.

107 St. Margaret Mary Church Food Pantry

9-18 27th Ave., 11102
718 721 9020

Food Pantry: Tue, Thu, Fri 11am-12:30. Photo ID and proof of address required. Serves residents of 11102.

108 Salvation Army Astoria Food Pantry

45-18 Broadway, 11103
718 721 9046

Food Pantry: Wed 9:30am-11:30am. I.D. and proof of address required.

Soup Kitchen: Mon-Fri 10:30am-12pm

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115 Sacred Heart Parish Ministries

77-5 84th St. (enter through entrance on 77th Ave. between 84th and 85th), 11385
718 821 3285

Food Pantry: Mon-Thu 10am-3pm. Residents of Glendale; must have a SNAP card or applied to SNAP. Must have photo ID with Glendale address. Children's birth certificates needed and will be copied.

EASTERN QUEENS

116 Salvation Army Jamaica Citadel

90-23 161st Street, 11432
718 297 4860

Soup Kitchen: Mon-Wed 12pm-1pm.

Food Pantry: Thu 10am-11am.

For food pantry, must register in person for food pantry with valid photo ID and proof of address. Must register ahead of time on Mon, Tue, or Wed 2-3:30pm. Pantry for each client is once a month.

117 The Harding Ford Vision, Inc

157-22 Tuskegee Airmen Way, 11433
347 661 7382

Soup Kitchen: Wed 10am-12pm;

Food Pantry: Wed 10am-12pm, Sat 2pm-4pm. Bring cart or bags.

118 Greater Allen A.M.E. Cathedral of New York

110-31 Merrick Blvd., 11433
718 206 4600

Soup Kitchen: Mon, Thu 11am-1pm;

Food Pantry: Mon, Thu 11am-1pm, 4th Thu of the month 5pm-7pm

119 Union United Methodist Church

126-22 150th Street, 11436
718 529 3691

Soup Kitchen: Tue 6:30pm-7:30pm.

Food Pantry: Fri 4pm-5:30pm. Call for emergency food.

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- 120 Walk in Love Family Center**
202-11 Jamaica Avenue, 11423
718 479 2127
Food Pantry: Wed 1pm-3:30pm, **Thu** 5pm-6:30pm, **Sun** 1pm-3pm. Distribution is while supplies last.
- 121 First Church of God in Christ**
187-10 Baisley Blvd., 11412
718 712 4831
Soup Kitchen: Wed 12pm-1:30pm,
Food Pantry: Thu 1:30pm-3pm. Photo ID required for pantry, tickets handed out at 12pm.
- 122 J.U.S.T.I.C.E. Organization/Jesus is Justice Mission Inc.**
223 Beach 28 St., 1st Fl, 11691
718 772 7951
Food Pantry: Wed 12pm-2pm.
Also provides assistance for housing, clothing, and healthcare.
- 123 Catholic Charities BFFY - St. Vincent de Paul at St. Rose of Lima**
130 Beach 84th St., 11693
718 634 7394
Food Pantry: Tue, Fri 10am-11:45am. Please arrive no later than 11:45. Must live between Beach 54th to Beach 94th St. Photo ID and proof of address required first visit. Can visit once/month.

STATEN ISLAND

- 124 Community Health Action of Staten Island**
2134 Richmond Terrace, 10302
718 808 1840
Food Pantry: Tue 10am-2pm (seniors), **Wed** 12pm-4pm, **Fri** 2pm-6pm, **Sat** 10am-2pm,
ID required, please bring shopping bags.

- 130 Project Hospitality Mobile Pantry - Midland and Nugent Ave**
511 Midland Ave, 10306
718 815 0800
Food Pantry: Fri 1pm-1:30pm. Come on time, pantry is mobile.
- 131 JCC Kosher Food Pantry**
1466 Manor Rd., 10314
718 475 5242
Food Pantry: Mon-Thu 10:30am-6:30pm; **Fri** 10am - 12pm.
All pantry pick-up by appointment only, ID required.
- 132 St. Edward Food Pantry/Franciscan Handmaids of Mary**
6581 Hylan Blvd., 10309
718 984 1625
Food Pantry: Wed, Sat 10am-12:45pm.
Clients are served every two weeks. Photo ID and proof of address required first time.
- 133 St. Paul's Methodist Church South Shore Food Pantry**
7558 Amboy Rd., 10307
718 227 2485
Food Pantry: Thu, Fri 9am-1pm.
Must call first for an appointment. Can come every other week. Require a valid Photo ID.

- 125 The Salvation Army: Port Richmond**
1295 Forest Ave, 10302
718 442 2145 x203
Soup Kitchen: Tue, Wed, Thu 11:30am-1pm;
Food Pantry: Mon-Thu 10am-2pm.
Photo ID and proof of address required. Appointment necessary - pick up is once/month. Serves zip codes 10301-10303, 10310, 10311, 10313, 10314.
- 126 Saints Peter and Paul and Assumption**
53 St. Mark's Place, 10301
718 727 2672
Food Pantry: Wed 1pm-2pm.
Mobile Food Pantry: 1st and 2nd Tue 10:30am-11am
- 127 Project Hospitality**
514 Bay St., 10304
718 815 0800
Soup Kitchen: Tue, Thu 12pm-1pm;
Food Pantry: Tue, Thu 9am-11am.
Photo ID and proof of address required, bring your own bags.
- 128 Salvation Army Stapleton**
15 Broad St., 10304
718 448 8480
Soup Kitchen: Mon, Fri 11:30am-1pm,
Food Pantry: Tue-Thu 12pm-1:30pm by appointment (appt. not needed first visit). ID with proof of address required. Closed all major federal holidays.
- 129 Stapleton Union AME Church**
49 Tompkins Ave, 10304
718 273 2857
Soup Kitchen: Mon 3pm-4pm, **Wed** 12pm-1pm;
Food Pantry: Tue, Fri 10am-1pm.
ID required for all household members for pantry. Kids afterschool program Tue, Wed 3pm-5pm with pantry bag to take home after. Clothing distribution Thu 7am.



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farm-ers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

BRONX

- 134 Lincoln Hospital Greenmarket**
149th St. between Park Ave. & Morris Ave., 10456
Tue 8am-3pm (7/2 - 11/26), **Fri** 8am-3pm (6/28 - 11/22), Closed 11/6 (Election).
- 135 Harvest Home Mt. Eden Farmers' Market**
Claremont Park, Mt. Eden and Morris Ave., 10457
Tue and Thu 8am-4pm, Jun 5-Nov 20
- 136 Fordham Plaza Greenmarket**
Fordham Plaza, Park Ave. btw 189th St. and E Fordham Rd., 10458
Fri 8am-4pm 6/14 - 11/22
- 137 Harvest Home Jacobi Hospital Market**
1400 Pelham Parkway, 10461
Tue and Fri 8am-4pm, Jun 5-Nov 20
- 138 Harvest Home North Central Bronx Market**
Mosholu Parkway & Jerome Ave., 10467
Wed 8am-4pm, June 6-Nov 20
- 139 Parkchester Greenmarket**
Westchester Ave. & White Plains Rd., 10472
Fri 8am-4pm, Jun 14-Nov 22

140 Harvest Home Co-op City Market

Asch Loop & Aldrich St., 10475

Wed 8am-4pm, June 8-Nov 21**MANHATTAN****141 175th Street Greenmarket**

175th St. between Wadsworth and St. Nicholas, 10033

Thu 8am-4pm, Jun 27-Nov 21**142 Harvest Home Harlem Hospital Market**

W. 137th St. and Lenox Ave, 10037

Fri 9am-2pm (Winter hours), 8am-4pm (Summer hours). Year round**143 Columbia University Greenmarket**

Broadway and W. 114th St., 10027

Thu 8am-4pm, **Sun** 8am-5pm; year round. Closed Thanksgiving. 11/22 rescheduled to 11/20.**144 Tucker Square Greenmarket**

W. 66th St. and Columbus Ave, 10023

Thu, Sat 8am-5pm, year round. Closed 11/22 Open 11/21**145 Rockefeller Center Greenmarket**

Rockefeller Plaza between W. 50th St. & W. 51st St, 10112

Wed 8am-5pm, **Thu** 8am-5pm, **Fri** 8am-5pm. 7/24 - 8/30.**146 Union Square Greenmarket**

E. 17 St. & Broadway, 10003

Mon, Wed, Fri, Sat 8am-6pm, year round. 11/23 resched. to Tue 11/20**147 Tompkins Square Greenmarket**

E. 7 St. & Ave. A, 10009

Sun 9am-6pm, year round.**148 Tribeca Greenmarket**

Greenwich St. & Chambers St., 10007

Wed, Sat 8am-3pm. Wed: 6/6 - 11/21; Sat year round. Closed 7/4.**149 Staten Island Ferry/Whitehall Greenmarket**

4 South St. (inside terminal), 10004

Tue, Fri 8am-7pm, year round. Closed 11/23. Closed 12/25 & 1/1.

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160 Harvest Home Coney Island Market

Ocean Parkway between Ave. Z & Shore Rd., 11235

Wed, Fri 8am-4pm, June 6 - Nov 20**QUEENS****161 Ditmars Park Youthmarket**

Ditmars Park on Steinway (between Ditmars Blvd and 23rd Ave), 11105

Sat 9am-2pm, July 13-Nov 23**162 Sunnyside Greenmarket**

Skillman Ave. - 42 St. & 43 St., 11104

Sat 8am-2pm, year round.**163 Elmhurst Hospital Greenmarket**

41 Ave., 80 St. & 81 St., 11373

Tue 8am-4pm, Jun 4-Nov 26**164 Flushing Greenmarket**

Kissena Blvd. and Maple Ave. (Maple Playground), 11355

Wed 8am-3pm, Jul 3-Nov 27**165 Forest Hills Greenmarket**

70 Ave. & Queens Blvd., 11375

Sun 8am-2pm, year round.**166 Ridgewood Youthmarket**

Cypress Ave (between Myrtle Ave & Putnam Ave), 11385

Sat 8am-3pm, July 13-Nov 23**167 Cunningham Park's Down to Earth Farmers Market**

NE Corner of Cunningham Parking lot off Union Turnpike, 11366

Sun 9am-2pm; 5/12 - 11-24**168 Jamaica Friday Down to Earth Farmers' Market**

Parsons Blvd. between Archer and Jamaica Ave., 11432

Fri 8:30am-4pm, 6/14 - 11/22**169 Downtown Rockaway Greenmarket**

Mott Ave and Beach 22nd St, 11691

Sat 9am-1pm, July 13-Nov 23

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BROOKLYN**150 South Williamsburg Greenmarket**

Taylor St. and Lee Ave., 11211

Thu 8am-4pm, July 11 - Nov 28.**151 Brooklyn Borough Hall Greenmarket**

Court St. and Montague St., 11201

Tue, Thu, Sat 8am-5pm. Year round. Closed 11/22, 12/25, & 1/1.**152 Red Hook Farmers' Market**

560 Columbia Street, corner of Columbia and Sigourney, 11231

Sat 10am-3pm, Jun-Nov. No market 8/31, last market 11/23.**153 Harvest Home Brower Park Market**

Brooklyn Ave and Prospect Place, 11213

Thu 8am-4pm, June 7 - Nov 15**154 Brownsville Health Action Center (BHAC) Pharmacy**

259 Bristol St, 11212

Tue, Thu 10:30am-4:30pm. 7/9 - 10/24**155 East New York Farms! Saturday Farmers' Market**

New Lots Ave. & Schenk Ave., 11207

Sat 9am-3pm. June - end of Nov**156 East New York Farms! Wednesday Farm Stand**

New Lots Ave. between Alabama Ave. & Georgia Ave., 11207

Wed 1:30pm-6:30pm. Jul-Oct**157 Cortelyou Greenmarket**

Cortelyou Rd. and Rugby Rd., 11226

Sun 8am-3pm, year round.**158 Bay Ridge Greenmarket**

95 St & 3 Ave., 11209

Sat 8am-3pm. May 4 - Nov 23**159 Harvest Home Kings County Hospital Market**

Clarkson Ave. between E. 37th & E. 38th, 11203

Wed 8am-4pm, June 6 - Nov 22

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STATEN ISLAND**170 St. George Greenmarket**

Hyatt St. & St. Mark's Place, 10301

Sat 8am-2pm (winter hours 9am-1pm), year round.**171 Staten Island Mall Greenmarket**

Marsh Ave. and Ring Rd., 10314

Sat 8am-3pm, opens 5/18, tentatively year round**CSA PROGRAMS**

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250**Web:** www.corbinhillfoodproject.org/new-farm-share/**Just Food**

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880**Web:** www.justfood.org/csalloc

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HOME DELIVERED MEALS

GOD'S LOVE WE DELIVER

God's Love We Deliver cooks and home-delivers nutritious meals for people with serious illnesses and their families.

Eligibility is based on a valid medical note that reflects diagnosis and difficulty with activities. Application form from website (www.glwd.org/getmeals) can be faxed or emailed, or call agency directly for an interview. New clients must apply for services before assessment for home delivery of meals. Dial 212-294-8102 or email clientservices@glwd.org to learn more.

*Information on Meals-On-Wheels can be found in the Senior Meals section



JOB TRAINING & RE-SOURCES

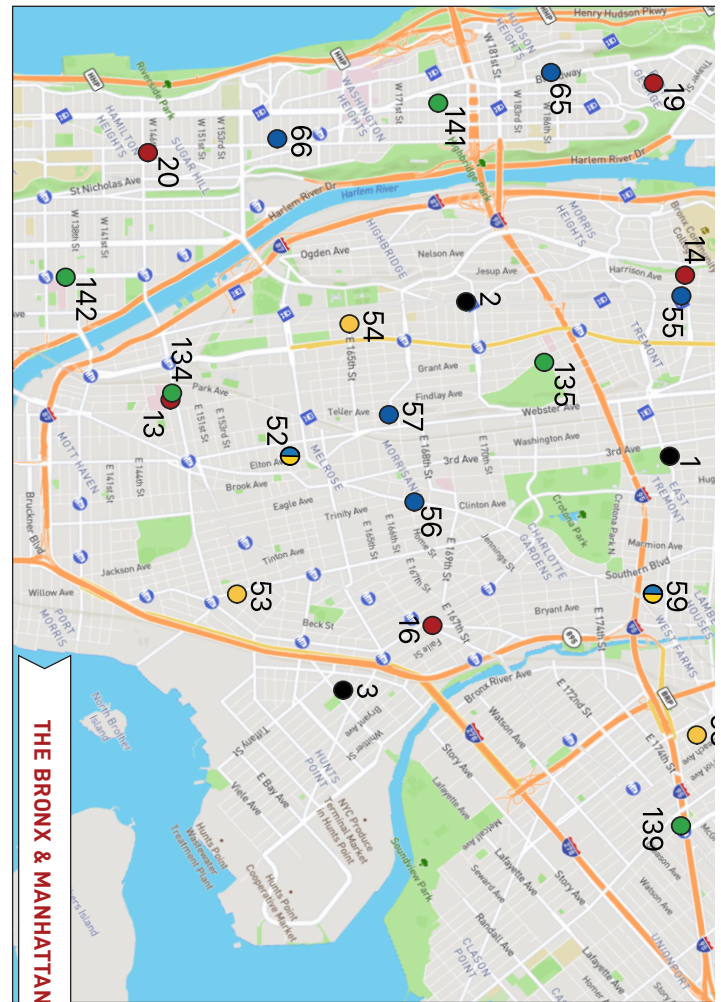
Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml
www1.nyc.gov/site/hra/help/types-training-education.page

DELIVERED MEALS

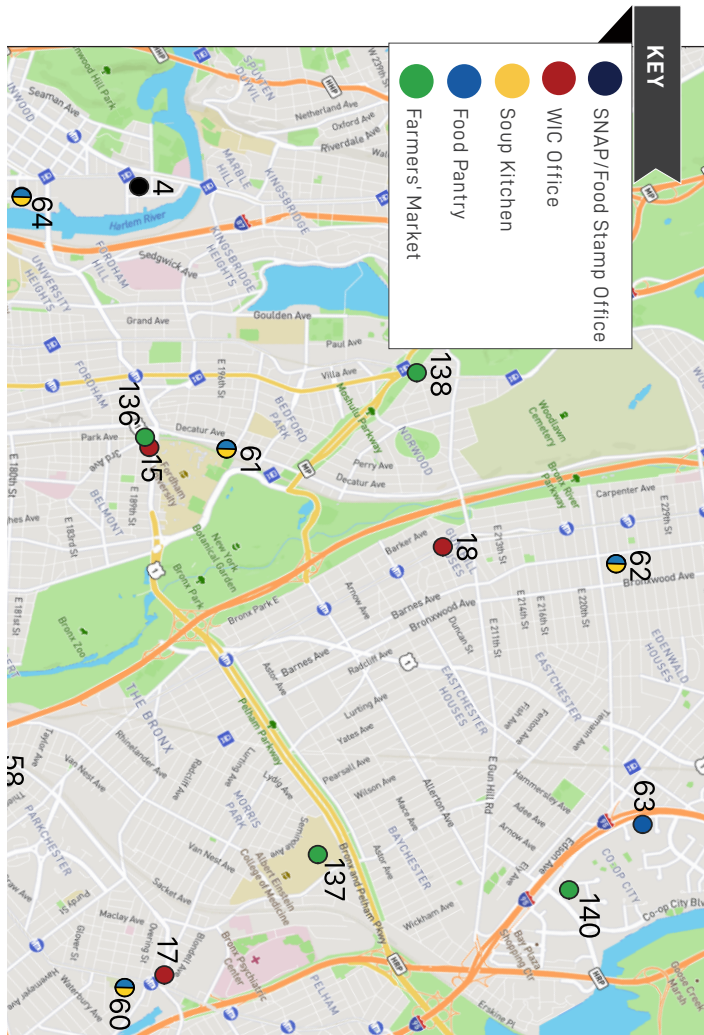


THE BRONX & MANHATTAN

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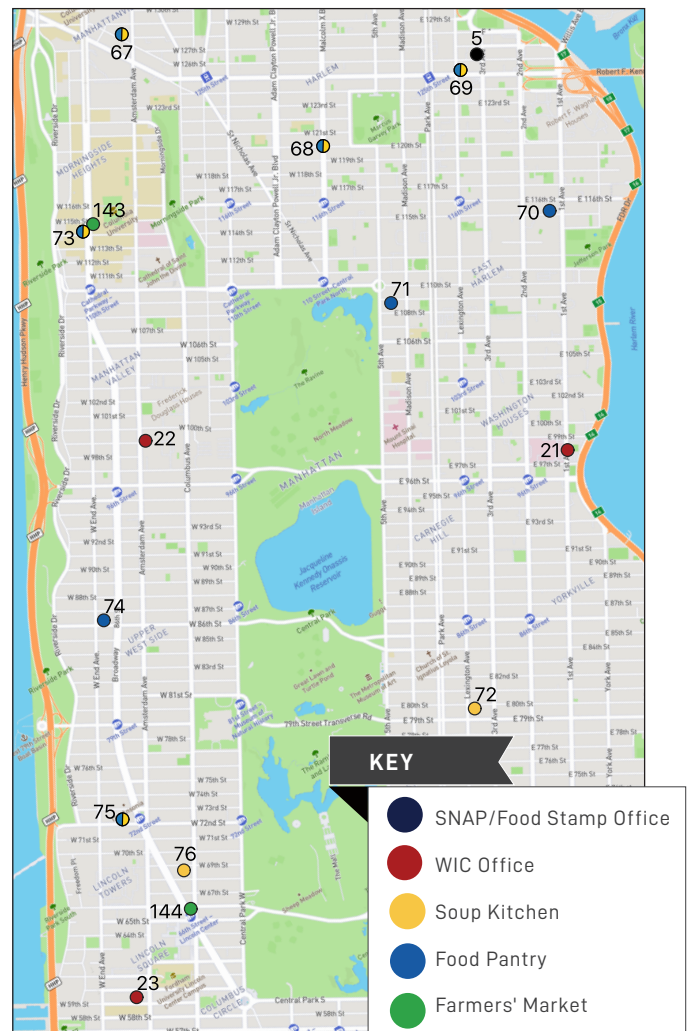
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MAP

KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market



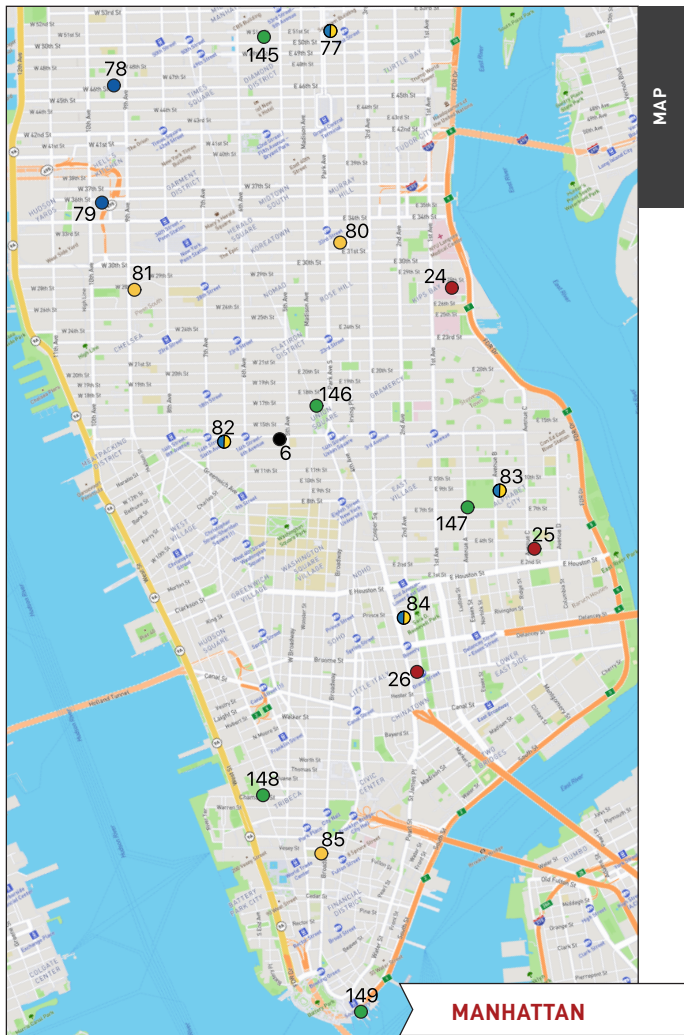
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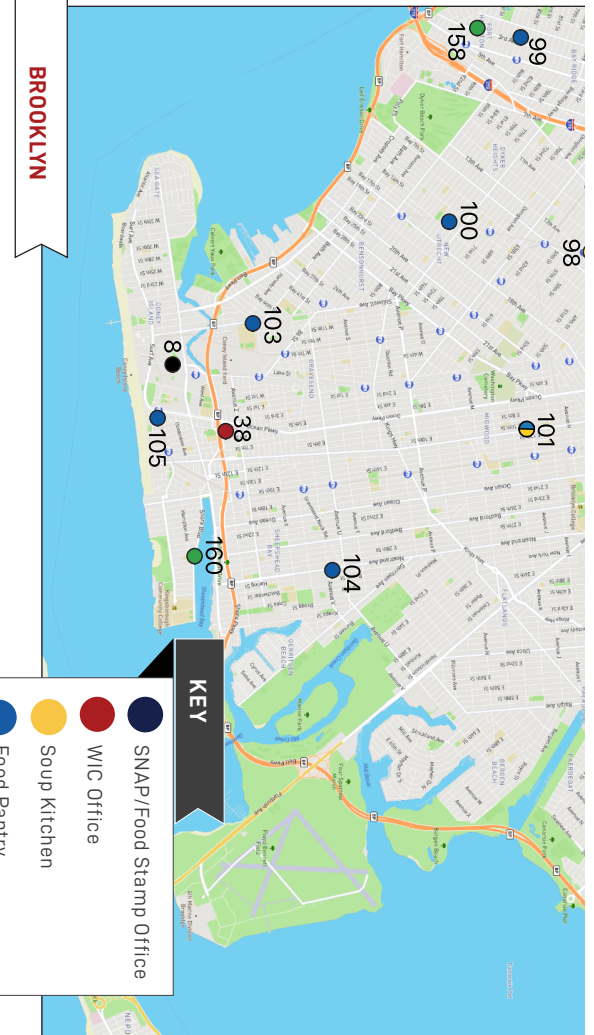
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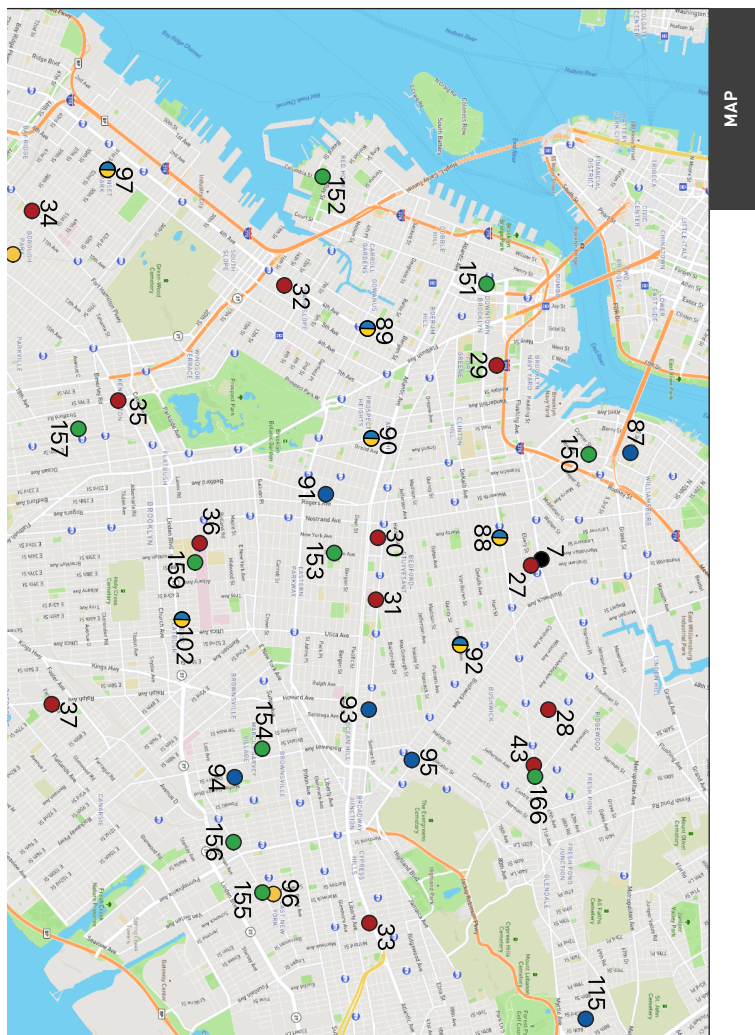


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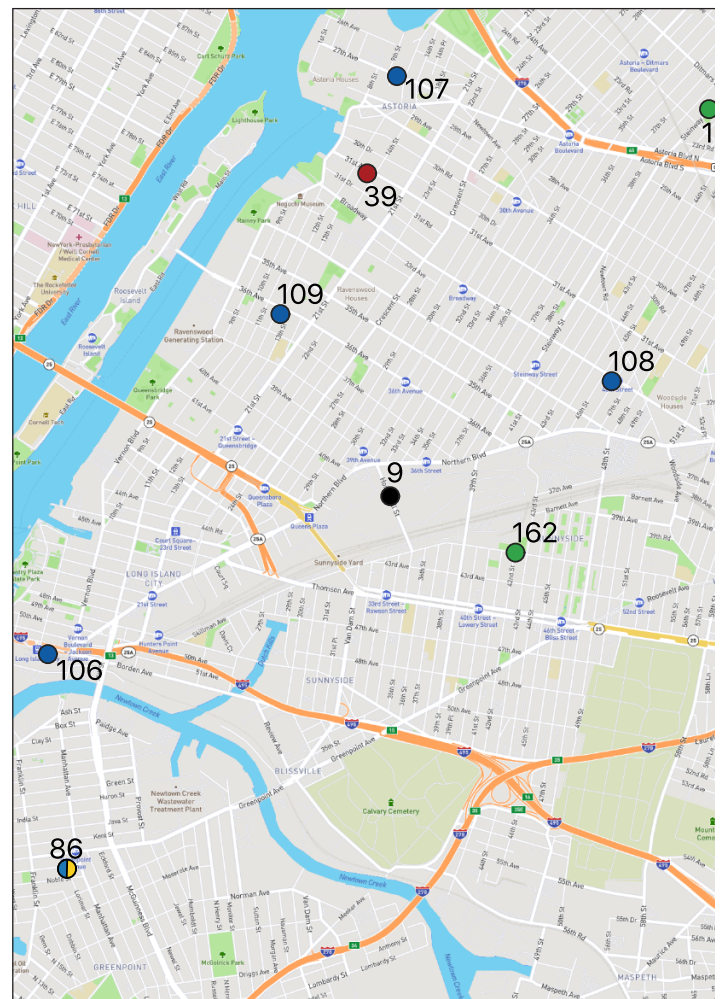


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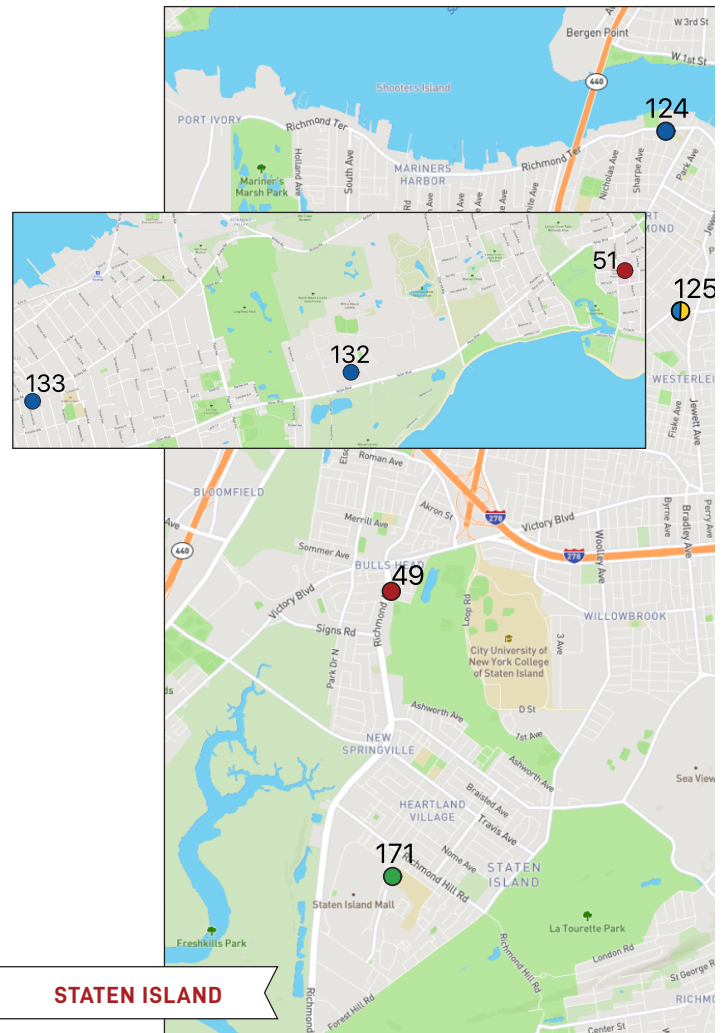
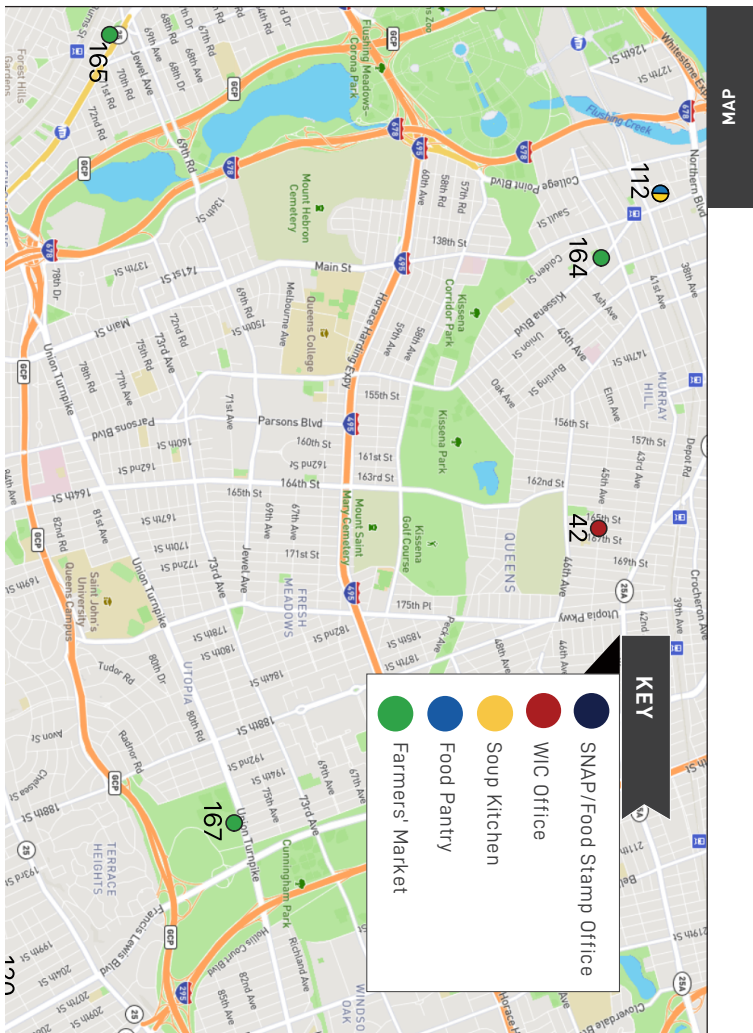
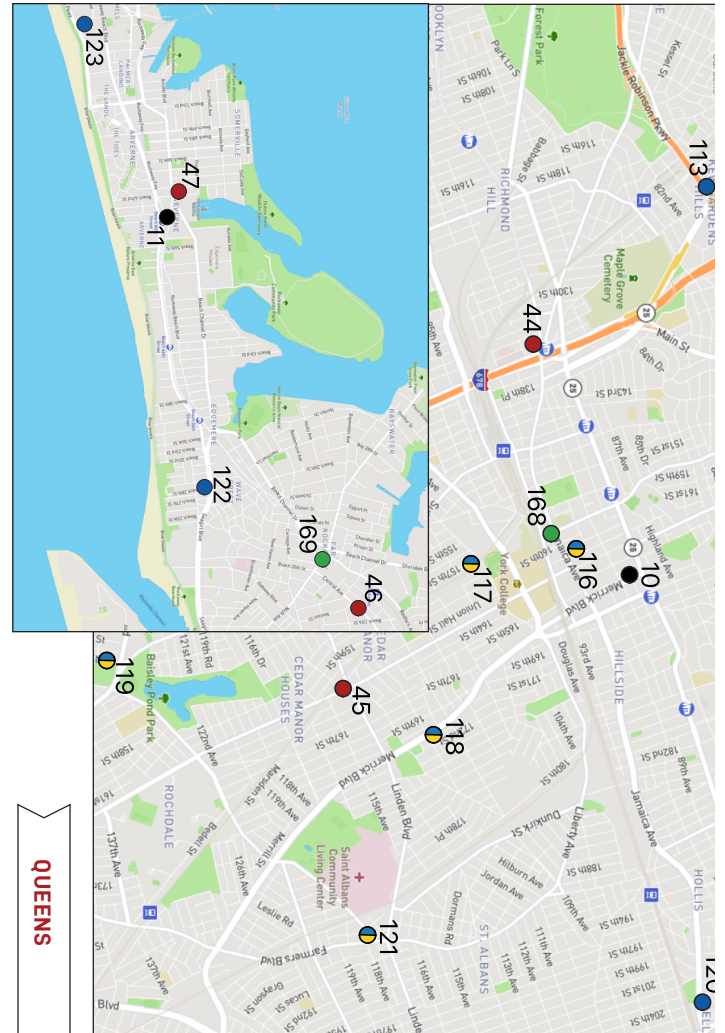
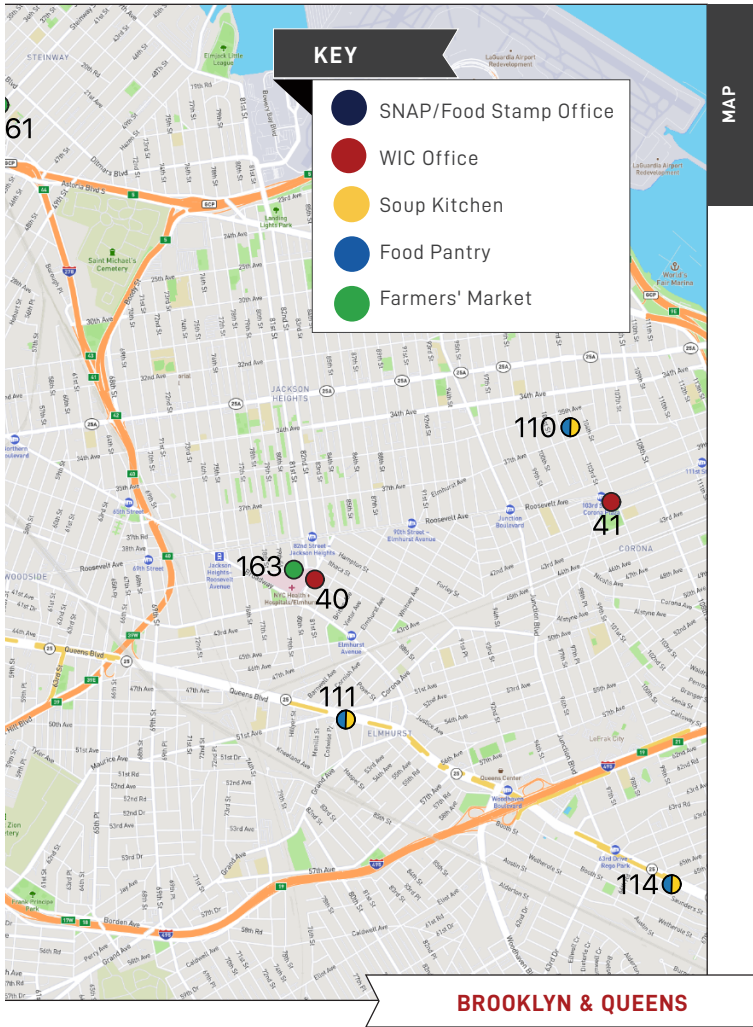


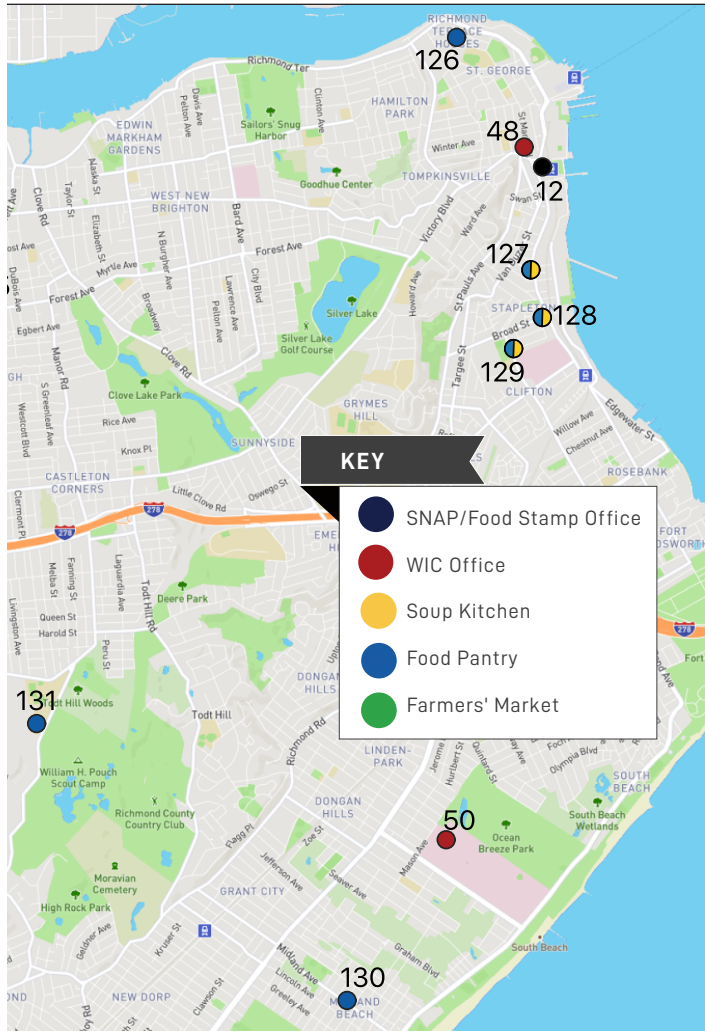
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BROOKLYN

Kings County Hospital Center
451 Clarkson Ave., 11203
718 245 3131

Coney Island Hospital
2601 Ocean Parkway, 11235
718 616 3000

Maimonides Medical Center
4802 10 Ave., 11219
718 283 6000

Lutheran Medical Center
150 55 St., 11220
718 630 7000

Woodhull Medical Center
760 Broadway, 11206
718 963 8000

QUEENS

Elmhurst Hospital Center
79-01 Broadway, 11373
718 334 4000

Junction Medical Center
34-33 Junction Blvd., 11372
718 334 6150

Ridgewood Medical Center
769 Onderdonk Ave., 11385
718 334 6190

Queens Hospital Center
82-68 164 St., 11432
718 883 3000

Jamaica Hospital
8900 Van Wyck Expressway, 11418
718 206 6000

OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

BRONX

Lincoln Medical & Mental Health Center
234 E. 149 St., 10451
718 579 5000

North Central Bronx Hospital
3424 Kossuth Ave., 10467
718 519 5000

Jacobi Medical Center
1400 Pelham Parkway South, 10461
718 918 5000

MANHATTAN

Harlem Hospital Center
506 Lenox Ave., 10037
212 939 1000

Metropolitan Hospital
1901 1 Ave., 10026
212 423 6262

Bellvue Hospital
462 1 Ave., 10016
212 562 5525

Gouverneur Hospital
227 Madison St., 10002
212 238 5110

New York Presbyterian Lower Manhattan Hospital
170 William St., 10038
212 312 5110

STATEN ISLAND

Staten Island University Hospital North
475 Seaview Ave., 10305
718 226 9000

Staten Island University Hospital South
375 Seguire Ave., 10309
718 226 2000

Richmond University Medical Center
355 Bard Ave., 10310
718 818 1234

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

Bronx

2831 3 Ave., 10455
301 E. Fordham Rd., 10458

Manhattan

1307 St. Nicholas Ave., 10033
57 Division St., 10002

Brooklyn

2230D Church Ave., 11226
5221 8 Ave., 11220

Queens

41-46 Main St., 11355
37-06 74 Ave., 11372
168-22 Jamaica Ave., 11432
21-03 Mott Ave., 11691

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, Fri 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpnyc.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National and NYC Hunger Hotline 866 3-HUNGRY (866 348 6479)

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357

Suicide Hotline: 800 273 8255























National Crisis Line: 800 999 9999






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Feel free to use this space for your own notes.

WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				

-  SNAP/Food Stamp Benefits
-  WIC Packages
School Breakfast & Lunch
Free Summer Meals for Children
-  Meals at Senior Centers
Home-delivered Meals
-  Groceries at Food Pantries
-  Meals at Soup Kitchens



Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.