

# School is Closed



My school is closed.



I will stay home.



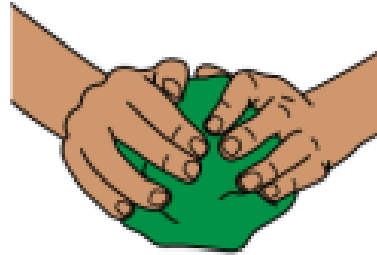
Staying at home can make me feel **mad**.



# When I feel mad I can...



Take a deep breath



Squeeze my hands



Take a break



Go for a walk

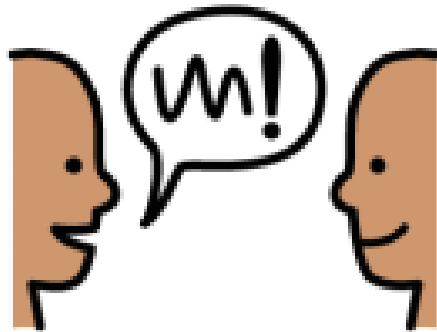


Listen to music

Staying at home can make me feel **sad**.



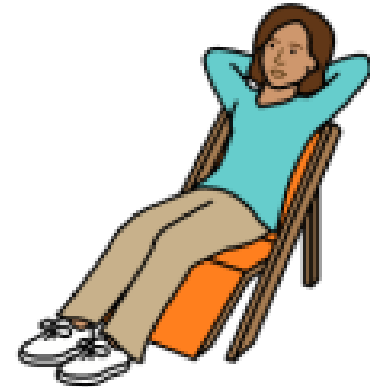
# When I feel sad I can...



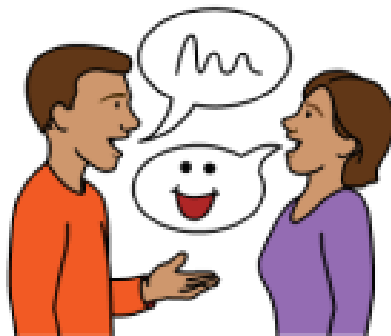
Talk to my family



Draw a picture



Take a break



Tell a joke



Listen to music

I will see my friends and teachers soon.

