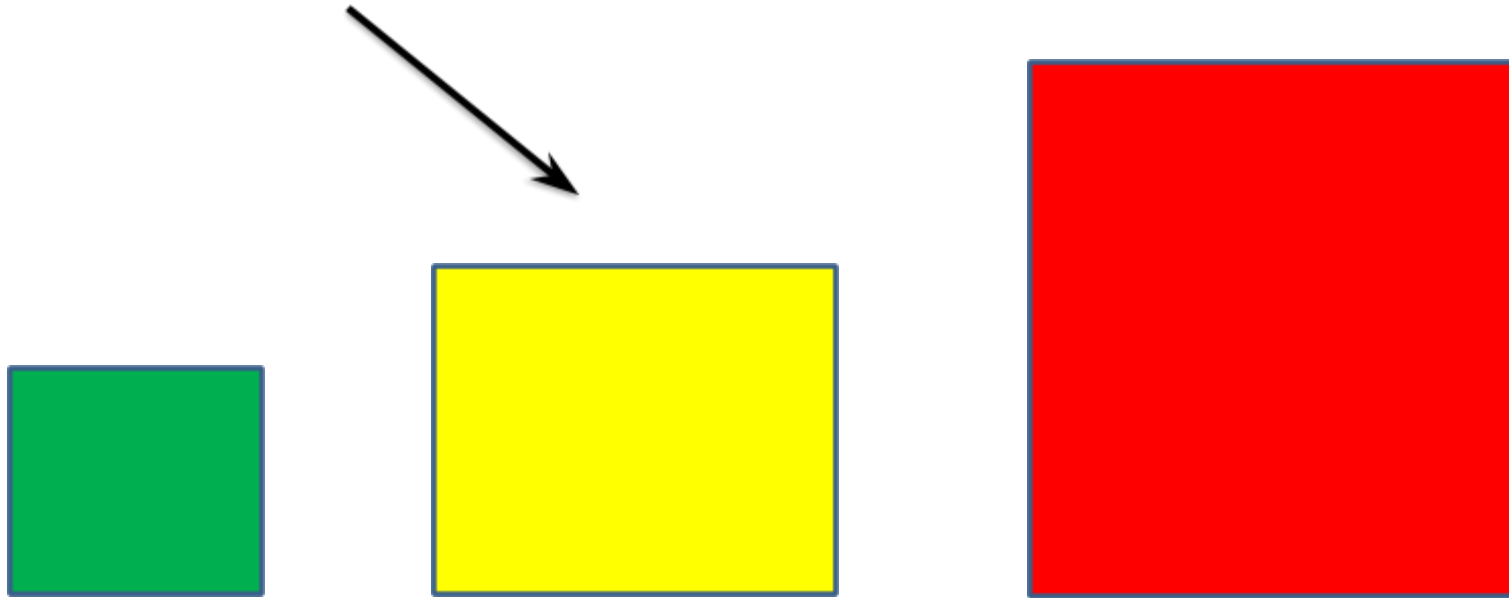


# Small Problem



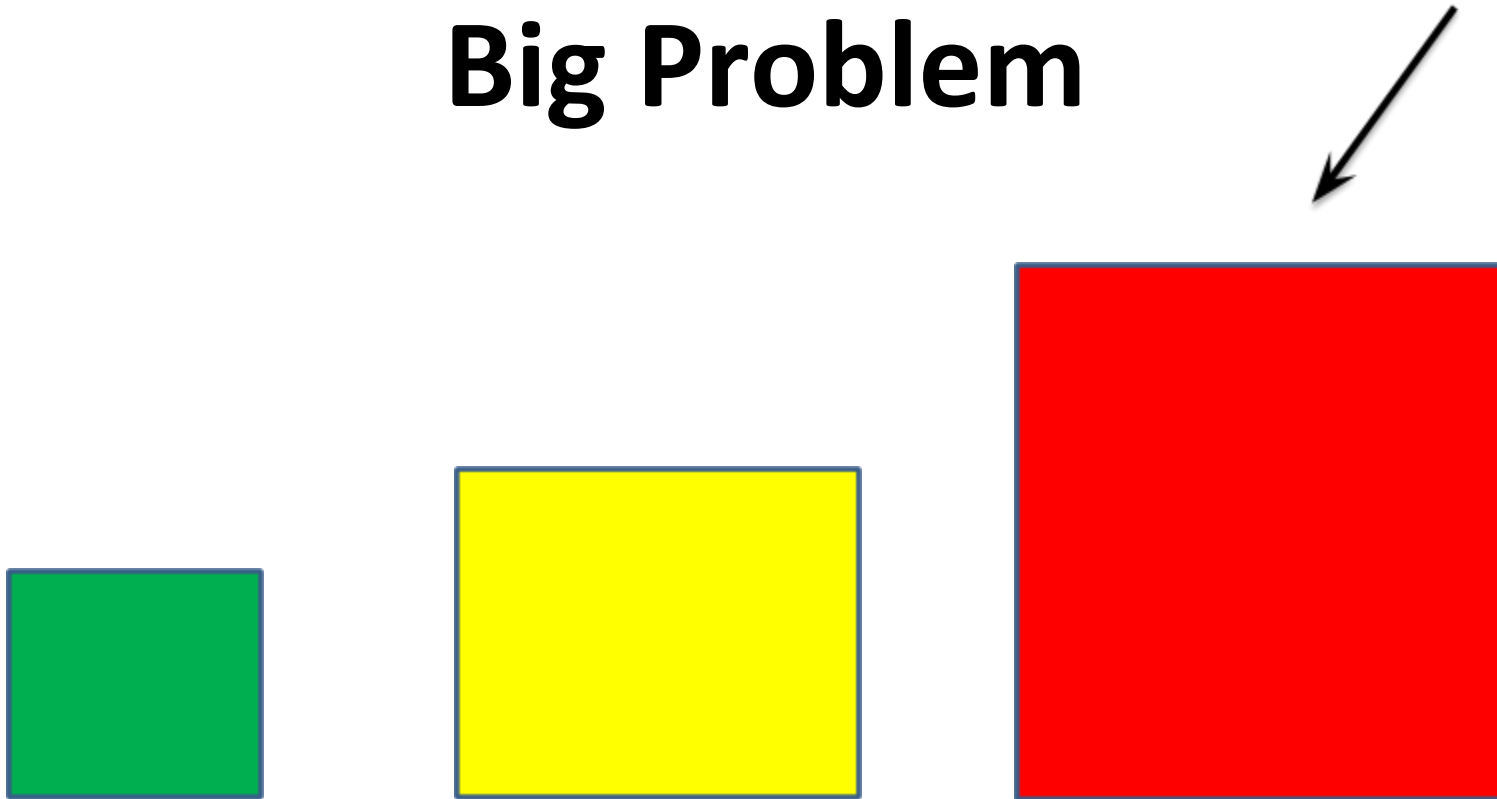
Small problems can be taken care of quickly with just a little help from others. It is expected that people stay pretty calm when small problems happen. That keeps everyone feeling comfortable.

# Medium Problem



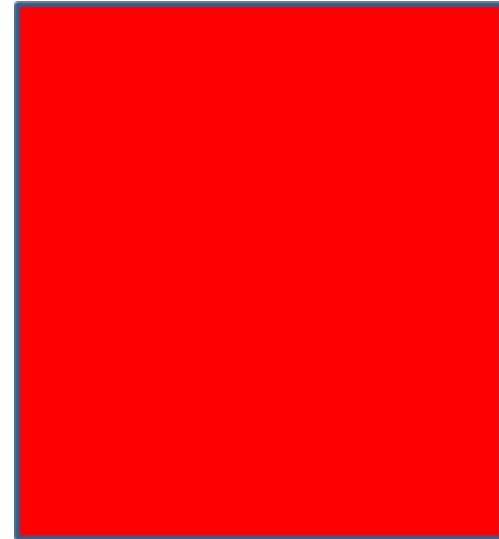
Medium problems take a while to fix and most are too hard for kids to fix themselves. It is expected that people feel upset when medium problems happen.

# Big Problem



Big problems take a lot of help from a lot of people and a lot of time to make it better. It is expected that people have BIG reactions to BIG problems.

# Problems



A problem is something that happens that is **NOT part of the plan** and **makes a person have uncomfortable feelings**. Remember, the **size of your reaction should match the size of the problem** so that everyone feels comfortable. Not all problems can be fixed and not all problems have to be fixed. Sometimes you have to **be flexible and move on with the plan**. This is **“letting it go”**.